



# Regulations for Dr. Charles Munde's Water-Cure Establishment, AT FLORENCE, (NORTHAMPTON,) MASS.

1. The object of this Establishment being no other than that of relieving Invalids from their various sufferings and of restoring their health, the arrangement and management of the Institute ought, of course, to be in accordance with this object, the Patients' health and comfort being the main consideration to be attended to by all the Inmates of the house, which should not be confounded with a Hotel or Boarding-house for people in health. The following Regulations have been found indispensable for the above purpose and for the maintenance of that order, which it has been necessary, for the benefit of all, to establish.

2. Cleanliness, and regard due to others, require that smoking or chewing tobacco,\* spitting on the floors, throwing water or hanging blankets and other things out of the windows, and all unnecessary noise, in or about the Establishment, be strictly avoided. From the same reason, dogs cannot be admitted in the Establishment. Early in the morning and late in the evening, talking loud, singing, walking with heavy boots about the houses and on the piazzas, &c. cannot be permitted. It is hoped that gentlemen will abstain from the ungentlemanly habit of whistling and similar performances, less pleasing to others than to themselves. If the arrival of persons with the night train cannot be prevented, every possible care should be taken to leave the repose of patients undisturbed.

\*Smoking is permitted in the bowling-alley, unless the rest of the company present object to it.

3. Young children will be received in the farm cottage or the family house of the Establishment, on condition only that a particular nurse take constant care of them, to prevent uneasiness to their parents and others. Servants and children cannot be permitted to disturb the patients in the parlors and on the piazzas intended for the use of the latter.

4. The lights in the parlors and halls will be extinguished at half past 9 o'clock, when the doors will be closed. The inmates of the Establishment are requested not to allow any lights to burn in their rooms after 10 o'clock, unless sickness require it, and to be particularly careful with fire. They will take care to shut their stove doors and not to have large fires in their rooms when they are about to leave them, or to allow inflammable things to remain near the stove or fire-places, considering that one single spark may put the whole Establishment in danger.

5. No one is allowed to take baths without the Doctor's direction or permission. Baths taken by boarders not under treatment must not interfere with the treatment of the patients. Boarders will pay a moderate charge for the baths they take.—The washing of bandages, &c. is neither the business of the attendants and nurses, nor can it be allowed in the bath-tubs or bath-rooms, the changing of bandages after the baths excepted. Laundresses to wash the patients' linen will be provided from the village. To prevent disagreeable consequences for themselves and others, the patients will please to engage only such persons as can be recommended for their respectability by the Doctor and his representatives.

6. The patients are requested to follow strictly the prescriptions of the Doctor, and not to cause confusion in the Establishment by consulting other physicians or treating themselves after books; those who have no confidence in the Doctor being at liberty to leave. Should a consultation with another physician appear necessary, the Doctor will never refuse his consent. Also, consultations with the regular physician of the patient, either personally or by letter, will be cheerfully acceded to.

7. Physicians and students of medicine visiting the Establishment, or taking treatment, will never interfere, either directly or indirectly, with the treatment of any of the patients, whether they be their friends and relatives, or strangers.

8. The Doctor will visit the patients at their rooms as often as necessary. In cases less urgent, they will please to call at his office, between 10 and 1 o'clock, before dinner, or between 3 and 6, after dinner. They will be kind enough to remember that his time is divided among many, and that his office hours are not devoted to topics of mere conversation.

9. The nurses and other help of the Establishment having their duties assigned to them by their employer, are not to be used for errands and other private services of the patients, or to be unnecessarily molested with things which the patients can conveniently do themselves. The nurses being obliged to rise early in the morning, have the right to retire half an hour before the doors close. It is expected that all those employed in the Establishment will do their duty faithfully, and behave kindly and politely towards the patients. Should any cause of complaint be given, the patients are requested to apply immediately to the Superintendent or the Doctor.

10. Breakfast is served up from half past 7 to 9 o'clock, dinner at 1, and supper from half past 6 to half past 7. The bell will ring once for breakfast and supper, and twice for dinner. (The small bell, ringing at 7, 12 and 6 o'clock, is for the servants of the Establishment.) The meals for the small children and servants of the patients are served up at 7 1-2, 1 1-2 and 6 1-2, and it is requested that their parents and employers will direct them to be ready in time, as no fresh meals can be served up for those who are late.—No articles of food will be given out of the time of the regular meals.

11. The table will be plentifully provided with wholesome and nourishing food, well prepared and calculated to assist the sick in regaining their health. The purpose and arrangement of the house being such as to exclude luxuries, the patients and boarders will please to be satisfied with the articles of food placed upon the table, the waiters being strictly forbidden to provide any extras. The inmates of the house will abstain from introducing green fruit, candies, cakes, pies, preserves and other dainties, calculated to satisfy a corrupted taste, and apt to injure the digestive organs, the Establishment not being a place to destroy health, but to restore it. The Doctor will direct with regard to the quality and quantity of aliments to be carried to persons who are prevented by sickness from coming to the public table. Besides persons being really unable to join the company, none will have their meals sent to their rooms, except on special agreement.

Articles for Regular Meals.—Breakfast: Black tea, cocoa, shells, milk (cold and warm), water-soup, butter, wheat-rye and bran bread, rolls, zwieback (German toast), rice, cracked-wheat.—Dinner: Soup, meat (beef, mutton, chickens, turkey, or venison, &c.) potatoes and one or two other kinds of vegetables of the season, wheat-rye and bran bread, fruit of the season or stewed, pudding (or omelettes, &c.)—Supper: Tea, milk, water-soup, wheat-rye and bran bread, rolls, crackers, butter, farina, cracked wheat, occasionally fruit.

Boarders who cannot feel contented without coffee and animal food for breakfast, will be accommodated in the small breakfast room, where patients may join them on the express condition that they will restrict themselves to such articles as the Doctor has permitted them from medical reasons. Out of regard for the patients, whose desire it must be not to be tempted away

from a plain and strict hydiatic diet, no extras must enter the dining-room. It is understood that any extra articles, as well as extra trouble with regard to meals, and otherwise, will be invariably charged extra.

12. No one is allowed to take crockery, or spoons, knives, forks, and the like, from the dining rooms, or papers and other articles intended for common use, from the parlors, &c. Any breakage or damage done to furniture, fixtures, mattresses, &c. will be charged to the account of the person who occasioned it. Patients who bring children or attendants are responsible for them.

13. The bedding, towels, &c. furnished by the Establishment are never to be used for purposes of the cure. The bath-attendants and nurses have orders, under a fine, to remove carefully the former before packing the patients. Towels, sheets, blankets, comfortables or feather-beds, and other articles necessary for the treatment, will be brought by the patients, or, if furnished by the Establishment, they will be charged according to Reg. 26. Persons afflicted with loathsome diseases, will have to furnish their own articles. The bed-linen will be changed every week; if required oftener, the washing to be at the expense of the patient.

14. The necessary lights for going to bed will be furnished by the Establishment. Patients who want lights in their rooms, are to provide them at their own cost.—The boots of the patients, if placed outside their rooms in the evening, will be cleaned without any additional charge. Extra service will be charged according to the time it takes. In cases of severe sickness, patients will be provided with a particular nurse at their own expense. It is understood that an extra charge will also be made for surgical operations and extraordinary trouble, especially at night, as well as for medical attendance upon such persons as have not been received as patients in the Establishment.

15. If required, the Doctor will furnish families and single patients with rooms in the neighboring cottages, provided there be any to be had. To take board in the village, with the intention to enjoy the privileges of the Establishment, without paying for them, must be considered an imposition. Friends of patients, however, who prefer boarding out of the Establishment, shall be permitted, on being introduced to the Doctor, to join the society of the Institute, provided they contribute to the expenses of the latter to the same amount as its own boarders do. Children from the village cannot be admitted.

16. Payment is expected every Monday, on receiving the bill. Relatives of patients who, on account of their absence from this place, do not find this mode of paying convenient, will please to deposit a moderate sum and renew it before it becomes exhausted, or allow the Doctor to draw on them for the amount of his bills. In consequence of severe losses sustained repeatedly, the Doctor finds himself compelled to declare expressly that credit will not be given under any circumstances.—Persons who engage rooms, will pay for them a full week from the time engaged, and every one paying weekly prices will give a week's notice, for leaving, or pay full charge for the time. No notice accepted through children and servants, except in writing. Transitory visitors, who stay only a few days to see their friends, will be charged by the day. In any case, every night spent in the Establishment will count for a full day.—A short absence from the Establishment, or a suspended use of the articles in their hands, does not entitle patients or boarders to any deduction, the expense in the house continuing the same, and the articles being useless to the proprietor, as long as they cannot be disposed of for others.

17. Any person staying in the Establishment is supposed to submit to these regulations and the terms below. The prices being as low as the heavy and constant expenses of the Establishment permit, no deduction will be made, except from reasons of charity, and the Doctor's clerk or superintendent has orders to make out the bills in strict accordance with the regulations. The Doctor will be obliged to his patients for settling all money matters with his clerk, who is provided with full instructions for the purpose.—Persons who have claims or cause of complaint, are politely requested to apply to the superintendent or the Doctor, at his office, this being the only way for a lady or a gentleman to be satisfied without disturbing the peace and kind feeling in the Establishment, which it is necessary, for the benefit of all, to keep up under any circumstances, and to support which the managers of the Institute are ready to make all possible exertions.

## TERMS.

18. Fee for the first Consultation, or Examination, whether the patient enter the Establishment or not, \$5,00.

19. For Treatment and Board, without regard to age, \$12,00 per week.

20. For Board and Room, without treatment, \$10,00 per week.

21. Friends and Children accompanying patients and rooming with them, \$8,00 per week.

22. Servants, rooming with their employers or with other servants, and small children not taking their meals at the public table, \$6,00 per week.

23. Any person not taking treatment—whether an adult or a child—if occupying a room, will be charged \$10,00. If more than one occupy a room, the rest will be charged for board only, as stated in Reg. 21 and 22.

Building and keeping the houses and rooms in repair and order are too expensive, and the prices for board too low to allow, as it has been frequently expected, the rooms to be let gratis. Besides, if the rooms were occupied by children and servants, patients, for whom the Establishment is intended, could not be received in them.—Nor can the tender age of children be a reason why they should not be charged, as the younger the child the more inconvenience it commonly gives to the rest of the inmates of the house.

24. A Double Room will be charged for two single rooms, whether occupied by one or two persons, or (in case it be used as a sitting room) by no person at all. Each additional person is charged for board only, unless taking treatment, when Reg. 19 will be observed.

25. Transitory visitors, \$1,50 per day; small children not taking their meals at the public table, and servants, \$1,00 per day.

26. Baths, or Meals, in private rooms, \$1,00 per week extra. The same charge for boarders taking baths. Single baths, inclusive of towels, 25 cts. each. Warm baths, 25 cts. extra. Extra articles of food to be charged according to the expense and trouble they occasion. Fires in single rooms, \$1,50 per week. Single fires, 10 cts. each. Double rooms, or two rooms connected, double charge. Open fires, ditto.—Articles for purposes of the Treatment; a feather bed, 40 cts.; a blanket, 30 cts.; a comforter, 30 cts.; a linen sheet, 15 cts.; a towel, 5 cts. per week. For medicines, attendance after 10 o'clock, P. M., operations, &c.—the usual moderate city prices.

FLORENCE, April 1, 1857.



MUNDE (Charles)

Regulation for  
Dr. Charles Munde's  
waters - cure establishment  
at Florence (Northampton)  
Mass.

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