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AN ABSTRACT
OF THE METHODS OF CURING DISEASES OF THE EYES, LEGS, AND BREASTS, AND ON THE CURE OF CANCEROUS, SCROPHULOUS, AND OTHER CHRONIC DISEASES, BY MILD INTERNAL REMEDIES. TO WHICH ARE ADDED, OBSERVATIONS ON THE DANGEROUS EFFECTS OF ALTERING THE ACCUSTOMED DIET OF PATIENTS, AND ON THE ILL EFFECTS OF SALT WATER, HEMLOCK, &c.

By WILLIAM ROWLEY, SURGEON, CASTLE STREET, LEICESTER FIELDS.

Experientia, plus pro serio valet, quam centum acutissimae rationes. HOFFMAN.

LONDON: Printed for F. NEWBERY, at No. 20, the Corner of Ludgate Street. MDCCCLXXIV.
The following Treatises written by William Rowley, may be had at Francis Newbery's, the Corner of St. Paul's Church-yard.

A Treatise on the principal Diseases of the Eyes, containing a critical and candid Examination of the antient and modern Methods of Cure, and of the present defective Modes of Practice; with an Account of new, mild, and successful Methods for the Cure of Diseases of this Organ. Price 3s.

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This Abstract may be had Gratis, at Mr. Rowley's, Surgeon, Castle Street, Leicelser Fields; and at Mr. F. Newbery's, the Corner of St. Paul's Church-yard.
INTRODUCTION.

To make public some useful discoveries is the chief intention of the following Essay.

The cure of habitual and chronic diseases has occasioned much controversy, but few or no improvements have been made in their cure. What has been written, may have arisen from prejudices in the minds of the authors, the doctrines are supported by artful reasoning, but have not been demonstrated as truths.*

Amongst medical practitioners there are prejudices which cannot be too freely cenfured. Physicians and surgeons too often recommend to their patients the diet, exercise and remedies which agree with themselves. Thus some who drink water, wine, ale, or any other liquor, will recommend the particular liquid which they accustom themselves to. Some recommend a vegetable and milk diet; others say, that bread is a poison; some, that we ought to eat our meat almost raw; others, the reverse. Many recommend what agrees best with their own constitutions, without considering, that the constitutions and inclinations of mankind vary as much as their faces, and that a sudden alteration of diet, may lay the foundation of diseases which prove fatal.†

From discerning these and similar prejudices in the early part of life, I concluded that the most rational method of curing habitual or chronic diseases must be by gradually altering the habit, by removing the cause of the indisposition insensibly, allowing patients to adhere to their accustomed diet. It is upon this plan, and this alone, that we may cure the gout, rheumatism, cancers, king's evil, and all chronic or habitual diseases. Where the diet has been altered, to which patients have been accustomed many years, the most dangerous ravages in the constitution have been produced; if some survive such a change, to others it has proved fatal. Therefore, however plausible such a doctrine may be, it can be applied to particular persons only, and cannot become generally useful.

When I first discovered the method of curing ulcerated legs without rest (which is now twelve years since) I concluded that dressings, &c. were applying remedies to the skin, when the cause of the

* If a thousand men of genius write on the subject, they will all vary and contradict each other. False opinions promote the spirit of controversy, but do not improve science. I consider it idle for any one to dispute about an opinion. The question with every sensible man ought to be; is it true or false? If it is true, it will gain assent; if not, who dares say, if he examines the confined knowledge of human beings, that any opinion is true? I have always considered it as certain proof of the weakness of the mental powers, for a man to dispute, or attempt to defend matters of opinion in physic.

† The low diet recommended to child-bed women by some men-midwives has proved fatal. In the gout I have known instances of persons losing their lives by altering their diet.
disorder was in the constitution. I had observed, that the common methods were not attended with success, and that salivation ruined the constitutions of many patients, without performing their cure. In the last war, I attended many men who had habitual ulcers, and other scorbutive complaints. The salt water at that time was a very fashionable remedy; it has remained fo ever since, to the manifest injury of many constitutions. I had read a Treatise on the subject, and was determined to try its effects on these men; therefore I persevered in drenching and bathing them, but to no useful purpose, for I cured not one patient, they were all evidently worse, and their constitutions greatly relaxed. I frequently overheard their murmurs, these sensibly affected me, and excited a warm desire to relieve them. I fixed on the plan of cure I have published; it proved successful; not only there, but afterwards in the West Indies and America. The success I had in town many years, in curing habitual ulcers, and other scorbutive diseases, made me conceive, that other habitual and chronic diseases might be cured by a similar plan. In an extensive practice of midwifery, I had many opportunities of applying the same plan of cure to cancers of the breasts and womb. In scrophulous indurations, and other habitual and chronic diseases; I have cured many, and have allowed the patients their usual diet. I considered, that if cures could be performed by change of diet, that patients would be liable to a relapse on pursuing their former course. But, if ulcers of the legs are cured without rest; and other habitual diseases are cured by gradually altering the habit, allowing the usual diet, there would be no probability of ulcers relapsing, or the chronic disease thus cured returning. A series of successes for many years has confirmed these doctrines to be true. This has given rise to those publications, an idea of which is contained in the following Abstract.

* At an hospital which I chiefly supported myself, there were seldom less than four or five hundred patients under cure, and many hundreds of poor persons were cured of diseases of the eyes, legs, breasts, cancerous and scrofulous complaints.
AN ABSTRACT OF

MR. ROWLEY'S NEW METHODS
OF CURING DISEASED
EYES, LEGS, AND BREASTS.

Discoveries in medicine are only useful, in proportion as they become of general service to mankind; but it has frequently happened, that the most useful improvements have been strenuously opposed, by those whose duty it was to have promoted them. There reigns a spirit of detraction, pride and opposition, in the minds of many medical men, which reflects dishonour on the profession. The most useful discoveries in medicine, the circulation of the blood, the most excellent remedies which are now univerally esteemed, were opposed at their introduction by the united efforts of the most learned in the profession, in every part of Europe (†). On the contrary, when discoveries have been received, they have been embraced so warmly, and become so universal, that they have done considerable mischief: it is common for practitioners in medicine to fly from one extreme to another. I am concerned to say, that I have known instances where legs have been amputated, eyes blinded, and even lives sacrificed, from a lethargic compliance to custom. There is such an obstinate perseverance in erroneous opinions, and such an inattention to truth, combined in the minds of many learned practitioners, that some would rather suffer their patients to endure the most acute misery, than deviate in the least from the common rules of practice.|

Those who make improvements, must expect to be cenfured in proportion as their discoveries are useful, or practice successful. Hence many who have attained to superior excellence, have passed through life in a state of indolence; because they have seen, with concern, the cool reception of truth, and the warm opposition improvements meet with. I have made improvements in the cure of diseases of the eyes, legs, breasts, and glandular affections; and have freely cenfured, in my writings, many false doctrines which have been generally believed. A comparison of my

* Vesalius, that great lover of truth, restorer of medical learning, and ornament of the profession, was opposed by all the learned anatomists in Europe, when he attacked the ancient prejudices in anatomy.
† Harvey was near thirty years combating the opposers of his discovery of the circulation of the blood, though it was a demonstrative truth. When it was received and acknowledged true, the physical geniuses adopted an extravagant scheme to prolong life, by transferring the blood of animals into the veins of men. It is no extraordinary thing, for medical men to embrace the most extravagant prejudices; the history of medicine gives us many instances of their being imposed on by their credulity.
‡ Bark, mercury, antimony, &c.
§ All efficacious remedies as those above. Crude quicksilver, calves-pluck-water, tar-water, and many fashionable remedies have done mischief, by being improperly applied. Goulard’s extract of Saturn, has many times proved hurtful, by being injudiciously applied in the preparation, called vegeto mineral water.
new methods with those in common practice will clearly convey an idea of their superior advantages; and I believe practitioners in general will retract those opinions, which they have so long, and universally believed as truths.

A COMPARATIVE VIEW, &c.

The common doctrines concerning ulcers of the legs.

I. It is a common maxim, that ulcers of the legs are difficult of cure, if they have been of many years continuance.

II. The common methods of cure are by rest, salivation, purging, and various dressings. It is acknowledged by the most eminent surgeons, that these methods are not attended with success; for, though the patients are often, to appearance, cured, they are liable to a speedy relapse, as the ulcers break out again on using exercise.

III. It is erroneously asserted, that some ulcers of the legs cannot be cured by any means. In many instances the cure cannot be attempted with safety; that a cure would produce a diarrhoea (or purging) fever, cough, or

The improvements.

I. I have found no difficulty in curing, by my new and mild methods, the most inveterate ulcers of the legs, and other parts, which had continued from one year to 30 years, and had baffled the attempts of the most eminent surgeons, not only in this town, but most parts of the kingdom.

II. I always recommend exercise during the cure, and never salivate patients; I seldom order purges. I cure them by a mild, safe method, gradually altering the habit by insensible degrees, with various internal medicines. I can clearly prove, that no relapse happens, by referring to many persons of reputation, who have been cured by me many years. One gentleman who had been lame 12 years, has been in the West Indies since the cure; has returned to England; his leg remains sound, and he is in perfect health. This patient had been under the care of some of the most eminent physicians and surgeons in town.

III. I declare, no ulcer is incurable, unless some particular bones are carious, or the patient's constitution has been destroyed by the common unsuccessful methods.

The cure of ulcers can be performed

* This is acknowledged by Mr. Samuel Sharp, late surgeon of Guy's hospital, who is justly esteemed one of the most excellent surgeons in Europe; he is now retired from practice.
Common Methods.  
other symptoms, which would end in the death of the patient.  

New Methods.  
formed with the utmost care and safety, nor does a fever, purging, cough, or any other symptom, attack the patient after the cure. That the cure does not prove fatal, I can prove from a great number of living witnesses, who have been cured many years, and have enjoyed a perfect and uninterrupted state of health. This assertion I do not make from curing a few patients, for in the course of twelve years, I have cured some hundreds of ulcerated legs, many of the patients had invereter scurbutic eruptions on every part of the body, which had eluded every other method of cure.

IV.  
Many imagine that flopping a discharge, to which the body has been accustomed, would endanger the constitution of the patient. To females it is imagined, that it would be hazardous, particularly between the age of thirty-six and fifty.

The whole of the doctrines advanced on ulcerated legs, amounts to mere opinion.

The doctrines therefore generally believed by physicians, surgeons and patients, concerning ulcerated legs, are replete with prejudices and absurdities, and are false. I have explained and refuted these opinions, not by sophistical reasoning, nor any arts of persuasion, but by actions, by the proof of cures already confirmed.

From the proofs of cures I have performed, I assert, that physicians and surgeons are ignorant of the cure of ulcerated legs, who instruct their patients, that it is dangerous to cure an old ulcer. It would be more honourable for them to confess they do not know how to cure those common complaints (for they certainly do not) than to alarm the unjustified patient with apprehensions of future evils. This artifice is generally used at a salvo for the inefficacy of their feeble attempts to cure. If it be dangerous to cure old ulcers, why do they make any attempts? Some perhaps consider, that ulcerated legs are annuities annexed to their profession as surgeons. But I cannot suppose them so iniquitous, to suffer their patients.

* See Sharp's surgery, Le Dran's, &c.
† I can produce one woman who was cured by me about two years since, of an ulcerated leg, which had continued bad thirty-eight years. Her leg had been condemned to be cut off by one of the most eminent surgeons. She is sixty years old, and in better health than she had been for many years.
to be afflicted with a painful disease for years, if it is in their power to cure it. But from what principle it is, they do not cure their patients, I leave themselves to determine.

Were I induced to make an ostentations display of the superior advantages of my methods of cure, I could mention the names of many of the most eminent physicians and surgeons, whose patients I have cured in a few weeks, after they had attempted their cures many years without success. This would be injurious to their reputation, and unbecoming the character of a gentleman. I wish the members of our profession would use the same circumspection when they speak of the abilities of each other.

The advantages of these improved methods are many. Patients who must have passed through life in pain and misery, with a foul discharge from the ulcer, are made perfectly happy. The scurvy, or whatever indisposition of the body was the cause of the ulcer, is removed. But a consideration superior to these, is the prevention of future amputations. For it is well known, that I have cured many legs which had been condemned to this cruel operation by some of the most eminent surgeons in this metropolis.

Improvements in the Cure of Inflamed Eyes.

Common Methods.
Blistering, setons, eye-waters, purges, scarifying the eye, are frequently used, and if attended with success, the patient is commonly three weeks or a month under these cruel methods. Sometimes these methods cause total blindness.

In my Treatise on the New Methods.

In all these cruelties are exposed, refuted, and avoided; the recent inflammation is cured in a few days, by gentle medicines, and a particular regimen. The inflammation treated thus never terminates in blindness.

In Blindness from Specks, or the Opacity of the Cornea.

The common methods are to blow powdered glass into the eyes, double refined sugar, to use eye-waters, and if the patient is totally blind, no remedy has till now been discovered, which could restore sight.

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I make use of no external application; the patients, tho' totally blind, have been restored to sight by internal medicines only. Many persons I have in this manner restored to sight, may be referred to, as proofs of the truth I here advance.

On the Catarract.

This is blindness occasioned by the crystalline lens becoming opaque, which in general is left to a proper maturity, and then the operation of extraction or couching is performed. Either of these operations cause a violent inflammation for many months, and frequently prove unsuccessful. This may be proved from the writings

* I solemnly assert, that more eyes have been blinded by injudicious treatment (particularly by purges and outward applications) than by diseases, not by oculists and pretenders only, but by regular practitioners. See Critical Review, in my Treatise on the Principal Diseases of the Eyes.
of the most eminent surgeons, both antient and modern.

Improvements in treating Diseases of the Breast.

The common pernicious methods of treating the breasts during lying-in, frequently lay the foundation of the cancer.

I have given very plain rules how to treat the breasts by a very mild method during lying-in, and how to prevent the cancer, which, if regarded by females in lying-in, would be attended with great advantage.*

The Scrophula or King's Evil, the Cancer of the Breast, Swellings of the Glands in other Parts, and cancerous Ulcers.

It is well known, that the scrophula, occult cancers of the breasts, or other parts, are in general deemed incurable. I have discovered a method of radically curing these inveterate and dangerous diseases, which I intend to communicate to the public.

I cure these cases by internal medicines alone, I never use the knife, caustic, or any other cruelty. I have cured lately a scirrhus and ulcer of the womb by these means; the case being remarkable, I shall relate.

A lady was recommended by a noble lord to be under my care, at a time when every expectation of life was resigned by the lady, her relations, and four very eminent physicians. Her disease was a large scirrhus near the neck of the bladder, and I believe a cancerous ulcer of the womb. She had been afflicted with it for three years†, and for two years before I saw her, her pains were so exquisite, that she could not obtain any rest, even by the assistance of large doses of laudanum; she was not able to rise up, and her water was insensibly discharged. She had been for a great part of this time in such misery, that her life was infupportable. She had been taking that pernicious drug hemlock, and all the other remedies generally used in cancerous cases, to no purpose; her disease became worse, and she became emaciated from these dreadful symptoms, that her face had nearly the appearance of a corpse; there was a languor and dullness in her eyes, which seemed to be the forerunners of death. She had lost her memory, her ideas were so unconnected, that she could scarce remember any thing just transacted.‡ In six weeks after being under my care, she could get up three or four hours in the day. During this time there was a great discharge of very offensive matter, and a quantity of matter was discharged by stool; from this I concluded, that there was an ulcer in the rectum. Before I came, she was often

† Before this time the lady had some scorbutive eruptions, and by the advice of her physicians had bathed in the salt water at Brighthelmstone. This practice weakened her habit, and was probably productive of the cancerous disease.
‡ This was undoubtedly occasioned by the hemlock. An effect I have frequently observed to follow the use of it.
obliged to have clysters, she being always collique, which I suppose was chiefly owing to the large doses of opium, which her physicians had prescribed. I neither ordered opiates nor clysters, as the remedies I prescribed gave cæse without injuring the constitution, and kept the body gently open without disturbing the intestines. After she had been about four months under my care, the incontinence of urine ceased. By persevering in these medicines, she is restored to perfect health. This lady was covered with scaly eruptions, which are likewise cured.

**HERE** is no imposition on mankind more flagrant, than that of the pretended cures performed by SALT WATER. It certainly relaxes the tone of the stomach and intestines, it may be useful to very robust habits and great feeders; but when I reflect, that salt-water is administered to delicate constitutions, already relaxed by the effects of painful diseases, I am shocked for the many innocent victims that are yearly sacrificed at our fashionable watering-places. I have had as great opportunities as any man in this kingdom, to ascertain the effects of salt-water in most parts of the world, and am convinced, from facts, of its inefficacy in scorbatic, scrophulous, and other diseases; I shall hereafter explain myself more fully on this subject, and expose the many gross impostures of those who have recommended this nauseous remedy.

The **Hemlock**, though fashionable, is ineffectual in the cure of cancers, and is a dangerous remedy to many constitutions. It often produces dangerous head aches, fits of memory, and other alarming symptoms.

Those who pretend to secret methods of curing the **Cancer**, use a burning caustic, to take out the core, as they call it. This cruel application they impudently call a plaiter, and by an infiltration that they do not use the knife, they practice a method many degrees more cruel. With an artful address, they endeavour to make their deluded patients believe every case they are consulted in, to be cancerous. I thought it necessary to mention this villainous practice, to prevent the unsuspicicious from being imposed on. Many cruel instances I have known, and lately had a case under my care, which, for cruelty, ignorance, and imposition, in the modes of treatment is unparalleled.

A lady had a small swelling in the maxillary gland, for which she had the advice of one of the most eminent surgeons in this town, who salivated her. This increased the disease, and the applied to an eminent physician in the city; he ordered some alternative, but the disorder still increased, and the gland became much larger. After this, she had the advice of one of the court physicians, who prescribed the hemlock, but this was not attended with success, for the swelling still increased, and she was recommended to be under the care of a Woman reputedly famous for curing cancers without cutting, who agreed to undertake the cure for one hundred guineas, twenty of which she had at first. She immediately ordered six of the lady's teeth to be drawn. From these operations the lower jaw soon became carious, its action was destroyed, and the patient could scarce swallow any liquids. At this time I was recommended by a lady of quality. A great part of the bone was foul, some of which had loosened, and was extracted. The discharge from the carious bone was so offensive, that the attendants could scarce bear the putrid smell. I had no prospects of success, owing to the improper treatment at first; the extraction of teeth causing a caries of the jaw-bone, and the patient not being able to swallow nourishment, or any remedy, died four days after I first saw her. This is a melancholy instance of the impudent pretensions of an ignorant woman
to cure these cases. I really consider the female pretender as a murderer, though the laws suffer such to pass with impunity.

I must observe, that the hemlock, salt-water, and every other remedy is wrongly applied in cancerous, scrophulous, and other diseases, which is the cause of their not often proving successful. In the cure of these cases, no particular remedy will avail; and hence the absurdity of a nostrum or secret remedy. I use various remedies; the chief skill required, is to adapt them to the constitution; it is from this alone I have had such extraordinary success. I purpose hereafter to publish both my theory and methods of practice, for the cure of diseases of the glands, as the cancer, king's evil, &c. and other chronic disorders. All the advantages I have obtained, have been from giving a strict and unwearyed attention to nature, and forming just conclusions from a variety of circumstances. I examine every theory, and never implicitly believe in the opinions of others, but form my judgment from the conviction of my senses.

From this general idea of what I have already published, I leave the discerning to judge of the improvements I have made; I am now prosecuting a plan for the farther improvement of different branches in physic, (in which my chief aim will be to prevent many operations in surgery too frequently practised, and to accomplish it will be the study of my whole life. The methods which I practice have been frequently mis-applied by practitioners and others, through want of judgment, notwithstanding I have used every precaution in my power to prevent such errors. It is impossible to express rules applicable to every constitution, as I have before-observed*. We may give general precepts, but the particular, and successful treatment of every disease, will depend on the discernment, and experience of the practitioner.

If curiosity leads any person to a farther enquiry concerning the success of the methods here recommended, they may be referred to many persons of reputation, of both sexes, who have been cured of diseases of the legs, which had continued bad from two or three years, to thirty-eight years, many of whom were far advanced in life. Any persons who desire, may be referred to many who have been restored to sight from total blindness by internal medicines, without any external application whatever; and other extraordinary cures in the different diseases of the eyes, &c. Many whom I have cured have given me the liberty of publishing their cases, and the names of the physicians and surgeons who have attempted their cures without success; this I have declined, but they may be known, and a list of patients cured with their addresses, may be had, by applying at Mr. Rowley's, in Castle Street, Leicester Fields.

I must observe, that whenever I have failed of curing these inveterate diseases, it has been owing to the ill effects which have been produced in the

* "A physician must regulate his ideas by the unbounded variety observable in nature; the temper, physiognomy, diet, exercise, particular propensities, all the mutual relations of the symptoms, and every thing which corresponds in nature to make clear to us the cause of a disease. We are then to draw our conclusions from past observations on the effects of medicine, in the same or similar diseases, and we ought well to know the practice of the ancients and moderns. These observations will clearly show the ignorance of applying one remedy to various constitutions, in the same disease; and will prove, that a medicine may be fatal to one, and injurious, if not fatal, to another. See treatise on the principal diseases of the eyes, p. 4, in the address, &c."
constitution by the common unsuccessful methods. All the principal medicines necessary in the art of physic may be about twenty. I have reduced my materia medica to this standard. My success has been owing to the just administration of simple remedies. On the effects of simple medicines we may form just inferences, but in compounds there is such confusion of substances, that we cannot ascertain which relieved the disease, and consequently our conclusions may be erroneous.*

I hope the publication of this Abfracct will not be considered by the sensible as an impropriety, for mankind are so much interested in medical improvements, that they cannot be too publicly known. It must be great consolation to the afflicted that milder methods are discovered for their relief, in cases where unsuccessful operations and cruelties were frequently practiced. The restoring sight to the blind by internal medicines, the future prevention of amputating ulcerated legs, the curing of scrophulous complaints, occult and other cancers of the breasts, &c. &c. without the use of the knife, is certainly of some consequence; and I hope will apologize for this method of conveying these discoveries to the public.

I have been repeatedly injured in my reputation by the private flanders of several eminent men in the profession, to whom my person is even unknown. I know not how I have deserved such treatment. The most justified method of silencing falsehoods and calumnies, delivered in private, is to publicly advance these positive truths, which can be maintained by several respectable vouchers, and persons of rank; and is the only means of effectually refuting them. If some learned individuals confider themselves injured by general cenures, the conclusion is too evident to require a comment. How I deserve flanders for an industrious application, for many years in different parts of the world, and sacrificing every private consideration, for the improvement of our noble art, I leave to the determination of the candid public.+ 

In the prosecution of these enquiries I have improved the treatment of many other diseases, as fevers, diseases of the lungs, &c. &c. which are reduced to a very singular mode of care, and will be the subject of a future publication. "I will invariably pursue the plan, which has engaged the attention of my whole life. To detect ignorance and error, however veiled and disguised by artifice; and to make some improvements in the profession. How far I have already succeeded I shall submit to the judgment of the learned."

* If there was a possibility of reducing the materia medica to about twenty remedies, it would greatly improve the science of medicine. We should soon arrive at certainty on the effects of remedies in every disease. But, whilst there are some hundreds of insignificant substances constantly used on very precarious principles, and substances diametrically opposite, enter the prescriptions of the learned, it is impossible to improve this noble art. The necessity of a reformation in this particular is evident; it might be accomplished by a few men of learning and spirit, of liberal and exalted sentiments.

† It has been urged by some gentlemen of the profession, that the alternative methods which I propose injures the patients constitutions. To this I assent, that they are totally mistaken, nor could they have advanced such a palpable falsehood, but from their total ignorance of the manner in which I apply my remedies; for they never have yet disturbed the constitutions of the most delicate persons, not even young children, as in some hundreds of instances can be demonstrably proved.

§ See Treatise on the principal Diseases of the Eyes. I beg leave to observe, that my trifling productions have been received with great respect by many of the learned in every part of Europe. I have several learned friends, who have given more applause to my little Treatises, than I ever thought they merited.
Abstract of Methods of Curing Diseases
William Rowley
London, 1774
National Library of Medicine
Bethesda, Maryland

CONDITION PRIOR TO TREATMENT
There was no cover. The sewing was intact. The sewing was side-sewn style. The laid paper text was heavily soiled. There were losses to the text paper and many tears. There was staining from water. There were graphite notations in the text in blue pencil.

TREATMENT
The edges of the text block and heavily soiled leaves were surface cleaned with grated and solid vinyl erasers. The text block was disbound. The text was washed in a bath of deionized water and deacidified in an aqueous solution of magnesium bicarbonate. The pH of the paper after treatment was 7.3. The leaves were repaired with Japanese paper and wheat starch paste. The repaired leaves were humidified and flattened. The book was resewn by hand with unbleached Irish linen thread with the addition of new end leaves of handmade paper. The spine was lined with both Japanese and Western paper using wheat starch paste adhesive, and a layer of unbleached Irish linen with PVA adhesive. The book was recovered in a new paper case binding (handmade paper).

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