

The signes that doe declare a person to be infected with the
P E S T I L E N C E.



- 1 His disease is vsually attended with a Feaver.
 2 Great paine and heavinesse in the head.
 3 Great heat within the body, & the outward parts cold, and ready to shake, being thirstie & dry.
 4 Some paine and difficulty in breathing.
 5 Great desire to sleepe, and yet cannot, and sometimes is vexed for want of sleepe.
 6 Swelling in the stomacke with much paine.
 7 Divers and heauielookes of the eyes, seeing all things of one colour, as greene, or yellow, and the eyes changed in their colours.
 8 Losse of appetite, unfavory taste, bitterness of the mouth, sowre and stinking.
 9 Wambling of the stomacke, and a desire to vomit, and sometime vomiting humors, bitter and of divers colours.
 10 Heavinesse and dulnesse in all the body, and a faintnesse, and weakenesse in all the limbs.
 11 Rifings in the neck, vnder the arme, or in the flank, or in some other part of the body.

Preserwatives against this Disease.

Eate every morning of *London Treacle* mixed with *Conserves of Roses*, of each the quantity of a Nut kernell; or of *Dia-tesseron* halfe an ounce, *London Treacle* 1. ounce, *Conserve of wood-forrell* 2. ounces, mixe these together and take the quantity of a Nut kernell: Or you may take the quantity of a Nut, of an *Electuary* which I shall alwaies keepe ready for you.

Likewise eate something every morning before you goe abroad, as pure Oyle, butter, Walnuts, Rue, a Potcht-egge with vinegar, or the like.

Let your Chambers be ayred morning and evening with good fires, wherein put Juniper, Frankincense, Ladanum, Storax, Bayleaves, Rosmary, Sage, Vinegar, Rosewater, Rosin, Turpentine, pitch, Tarre, or some of them.

When you goe abroad, chew in your mouth, the root of Angelica, Gentian, Zedoarie, Enula campane, Myrrhe, Turmentill, or the like. Likewise twice a weeke take 1. scrupel of the Pestilenciall pill in 2. pills, when you goe to bed, or an houre before supper: Also I have prepared Tablets to weare about your necke, of which I did see great experience the last great sickness. As also Pomanders to smell to.

Lastly if strength and age will permit, it is good to let blood, before the party be sicke.

Remedies after a person is infected.

First, be carefull with all speed to vse remedies betimes, and give not over the meanes although the tokens or spots appeare, for I have knowne many recover which have had the tokens, both in the yeare 1603. and 1625. for delay in this sickness is dangerous, and many perish, before they know themselves sicke or will vse the meanes.

2 If the sickness begin hot, with paine in the head, and the party be of a full body, and large veines. let him be let blood in the liver veine in the right arme, except he feel any soreness, then let him blood in that arme on the side greived 6. or 7. ounces or else as his strength will afford.

3 Foure houres after, (or presently if he be not let blood) let him take 10. grains, if it be a child vnder 7. yeares old, then take but 5. grains of my red power, in a little *Metridatum*, or in the pap of an Apple, and one houre after drinke some possit-Ale, made with a few *Carduus* seeds, and Marigold flowers: keepe the bed and sweate one houre, or according to strength, but refraine for that time from sleepe: next day let him take of the white powder one dram, in the possit-drinke, and sweate as before; doe this 3. 4. and 5. dayes, but be sure he goe to stoole once a day, or else make a suppository thus: Honey one spoonfull, Bay salt bruised halfe a spoonfull, boile these in an earthen pan till they be black, then roule them vp with a little sweet butter, to the length of your little finger, and put it vp into the fundament.

In stead of the powders, you may take *Methridatum*, one dram and a halfe, of the best *London Treacle* one dram, mixe them with *Carduus Benedictus*, or Angelica, or Scabious waters and sweate well as before or take of the

Electuarium de ovo, two drams, *Treacle water* 1. ounce and an halfe, *Carduus water* and balme water of each two ounces, syrupe of wood forrell 1. ounce, let him take 2. spoonfulls hereof every 3. houres.

4 Once in 4. or 5. houres take broth, or mace-ale, or possit-drinke, wherein are boyled some Harts-horne and Marigold flowers.

If he be very dry let him take syrupe of vinegar and sorrell, of each 3. ounces, water of Roses and Buglosse of each one ounce, syrupe of Lymons two ounces: mixe them, and let him take so often as he is dry two spoonfulls.

5 If any sore or botch appeare, vse meanes with speed to draw it forth, as this is very good. Take a great Onion, and cut of the head, and make a hollow place in the middle, fill that full of good Venice Treacle, put on the head againe and rost it in the embers: When it is soft, peele it and stamp it in a mortar, and lay it hot vnto the sore and renew it fresh once in fixe houres.

Or take this Poultes, two Lilly-roots, Mallows two handfulls, cut and bruise them, Linseed, foure spoonfulls beaten: Figs 12. Rayns sliced and stoned one handfull, mixe and boyle these in water, and worke them in a mortar, then put to them, Oyle of Lillyes 3. spoonfulls, warme it, and with a cloth, bind it on the sore, shift this thrice a day.

When the sore is broken vse this; Turpentine 1 ounce, and the yolke of an egge, oyle of S. Johns Wort, *Methridatum* each halfe a dram, mixe all these together, and lay it on the sore, and this will heale it.

6 When they are well, before they goe abroad, let them take a purge.

Printed at London for Nathaniel Newbery, in Popes-head-Pallace.

G.D.



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