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GENERAL HEADQUARTERS  
SUPREME COMMANDER FOR THE ALLIED POWERS  
Public Health and Welfare Section

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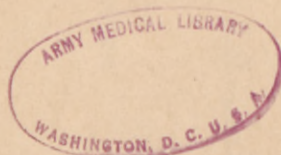
19 March 1946

MEMORANDUM FOR PICOED

SUBJECT: Nutrition Surveys - Large Cities.

1. The attached table presents the results of nutrition surveys, with regard to nutrient consumption of five large cities of Japan, by the Imperial Japanese Government. The survey of Tokyo was conducted in December 1945 and of the remaining cities in February 1946. No data are available from the February surveys with regard to the physical examination of individuals of these cities.

PAUL E. HOWE,  
Colonel, SnC  
Nutritional Consultant



AUG 4 1950







CONSUMPTION OF NUTRIENTS-NUTRITIONAL SURVEYS-LARGE CITIES OF JAPAN. February 1946 (Tokyo-Dec 45)

TABLE II

AVIAGE

SOURCE (Adult Male Unit)

	Per Capital		Per Adult Male Unit		Per Adult Male Unit		Per Adult Male Unit		Per Adult Male Unit		Per Adult Male Unit		Per Adult Male Unit					
	Am.	Veg. Tot.	Am.	Veg. Tot.	Am.	Veg. Tot.	Free Market	Home Production	Am.	Veg. Tot.	Am.	Veg. Tot.	Am.	Veg. Tot.				
Tokyo (Dec 45)	13.6	50.6	64.2	15.5	57.8	73.3	3.3	34.4	35.7	12.4	19.4	31.7	0.1	0.8	0.9	1.7	3.3	5.0
Nagoya	10.8	16.6	57.4	12.4	53.4	65.8	0.3	32.2	32.5	11.4	17.7	29.1	0.0	1.0	1.0	0.7	2.5	3.2
Osaka	16.9	45.3	62.2	19.6	52.3	71.9	2.1	29.5	31.6	15.7	19.2	34.9	0.1	0.9	1.0	1.7	2.7	4.4
Kure	11.2	40.9	52.1	13.2	48.0	61.2	0.5	29.1	29.6	10.9	10.2	21.1	0.1	5.0	5.1	1.7	3.7	5.4
Fukuoka	22.3	44.1	66.6	24.5	51.9	78.4	0.2	36.0	36.2	23.8	11.1	34.9	0.0	1.7	1.7	2.5	3.1	5.6

TABLE III

	Per Capita	Per Adult Male Unit	Per Adult Male Unit	Per Adult Male Unit	Per Adult Male Unit	Per Adult Male Unit
Tokyo (Dec 45)	1971	8252	1233	900	26	93
Nagoya	1623	1969	1374	500	25	71
Osaka	1777	2222	1358	750	19	95
Kure	1624	2020	1250	429	192	150
Fukuoka	1682	2044	1391	504	27	122

\* The Japanese Adult Male Unit is approximately 0.82 in relation to calories.



The following table lists the approximately 0.6% in relation to categories

Category	Value	Code	Value	Code	Value	Code	Value	Code
...	1195	5014	1201	701	54	188		
...	1201	5050	1230	450	105	175		
...	1211	5055	1239	520	70	172		
...	1230	7010	1240	700	82			
...	1237	6020	1250	800	80			

DATA TABLE

