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B. Hamlin.

## THE FAMILY DOCTOR

consists of a small Dispensary or Medicine Chest, 15 inches long, 10 wide, and 10 deep containing 60 different kinds of medicines, and various articles necessary in domestic practice. A book like this accompanies each Chest, giving a faithful description of each medicine, its properties and uses, and carefully distinguishes them, by each bottle being plainly numbered. The Formula of all the different compounds is given, so that a knowledge may be had of the medicines given, and also that the nearest druggist can replace them. A short description of over 50 complaints is given for which these medicines are applicable.

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# THE FAMILY DOCTOR.

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## PREFACE.

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Thirty years of successful experience in the treatment of Disease, in its varied forms, inspires me with Hope and Confidence, that although superannuated, I can still visit you as in my younger days of vigorous manhood, and administer to you in the trying hour of need.

Yes; not only visit, but remain with you, a member of the household, to cheer and to bless

When I look forward to coming time, and in my fancy see many a fond Mother with beaming countenance and grateful heart, breath a soft and silent blessing upon me as a benefactor, it urges me on to renewed energy, and reanimates body and mind.

There are but few so callous to their own interest, or so devoid of parental regard for the safety of their helpless little ones, as to neglect to secure in due time, a salutary means like this. Knowing how keen is that Father and Mother's anguish, when for the last time they take a long lingering look at the sweet face of that loved one, about to be forever shut out from their gaze; is one of the inducements to offer this to you. In the Family Doctor, may be found all that is necessary for the treatment of all the ordinary complaints of this country.

Expense, time, and often life, may be saved at simply the mere pittance of a few dollars: to say nothing of the thousand and one little painful ailments and incidents, considered too trifling to call a Physician, that here finds a speedy and sure remedy. How often it has been the sad experience of every Parent to be suddenly aroused from their quiet sleep by that shrill Croup cough, from one of their loved ones, and before a Physician could be obtained, the house is filled with heart broken lamentation and mourning; the little One is gone! The vacant chair, the absent voice, the empty shoes, the sorrowing heart, are all that is left you now. Would you avoid trials & scenes like this? Then let the Family Doctor stand guard over your household. Then at the silent mid-

night hour when the pale messenger with noise less step, is abroad in the land in search of innocent prey ; you may quietly and safely sleep, for your Doctor is on Guard to-night.

The most skillful Physician keenly feels how difficult it is to pilot their loved ones over the rough sea of infancy, childhood and youth, fraught with countless dangers, seen and unseen ; and how much more difficult, for those who depend upon the Physician. Here is your Beacon light to guide you safely in to shore.

Many more reasons might be given ; but a word to the wise is sufficient. Every one can see at a glance why this means of safety should be found in every house, to guard against the fatal results of the countless diseases to which every family is liable : such as Bilious Colic, Dysentery, Cholera Morbus, Cholera Infantum, Diarrhoea Vomiting, Fits, Croup, Spasms Scalds Burns, Cuts, Colds, Fevers wounds, Hemorrhages, &c. &c. &c. Here you have a competent friend always at hand, and ever ready to relieve and Cure. That this may become the general Family Blessing, is the earnest request of the Author.



# OUR FAMILY DOCTOR.

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## FEVER.

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A Fever, is not a Disease, but is merely the symptom of a disease. It is simply a warning voice which tells you, there is an Enemy within trying to take possession. An Incendiary, searching for your dear treasure of Life. When you find you have a Fever, you should begin to cast about you and see what kind of an enemy is making encroachments upon you, and prepare for the battle: but in selecting your weapons for defence and subjugation, be very careful and not select those that will be more fatal to you than the enemy itself. Your system is endowed by Nature with the wonderful power to resist disease, and to throw it off when attacked: and very frequently all it requires is some simple remedy to aid her in her salutary

efforts to accomplish this. Now the Fever you have, tells you that there is some foreign substance, or agent working in the system, that does not belong there: and all the system wants is a little help to eject it. The countless millions of little pores all over the entire body may have become partially closed from slight cold there-by causing the Malarial exhalations from the ground or decaying vegetation, which the system is often being charged with through the lungs, and thrown out again through these pores, to be retained; poisoning the blood and fluids of the various organs producing a corresponding derangement. Now all it wants many times, is simply to open these natural outlets, and let this poison escape: which in all ordinary cases can be done by using Composition tea No. 16, and the hot foot-bath at bedtime, followed next morning with a dose of the A B Pills No. 1, or, use the Alcoholic Vapor Bath, or Sweating Lamp, at bedtime. If the system has become too much debilitated, to recuperate by the aid of these mild or means, then recourse may be had to the Ague Cure No. 12 which will act as a restorative as well, neutralizing or destroying the malarial poison all through the system, restoring the nerves and digestive organs to their proper condition again. Now

if you wish to aid the system to get rid of this kind of poison,—which not unfrequently leaves without any help— you would not consider it good policy to introduce into the system a worse poison than the one already there: a poison which the system has no power to throw off: and which fastens upon every organ of the body, producing suffering, from which relief only, can be obtained in the welcome grave. As this little Book is not intended for a treatise on disease or medicine, we will pass on to enumerate the complaints the Family Doctor guarantees to relieve.

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### AGUE.

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Under the head of Ague, may be classed all of those complaints of a remitting or intermitting character: such as Bilious Intermitting or Remitting Fever, Chills and Fever, Neuralgic pains marked with regular intermissions or remissions, Sun Pain, or Brow Ague, Periodical Diarrhœa, Periodical sleepy Lethargic feelings called Dumb Ague: or any disagreeable feelings that come and go at regular periods, as every day, or twice a day, or

every other day, or every 3d day, all originating from the same cause and all requiring the same remedy to neutralize the malarial poison from which undoubtedly, all of this class of diseases originate: different names have been given to different classes of symptoms, and the different classes of symptoms are produced by the different organs which are most susceptible to this Malarial influence. And here also may be mentioned, that very many pains and aches that are not of a periodical nature, may be relieved by using the same remedy. That which is often times called Bilioussness, is simply an inaction of the Liver: or the liver does not secrete its Bile properly, or the liver may become swollen so as to press on the bile duct causing the bile to be retained in the gall bladder, a portion of which finds its way into all the secretions of the body through the absorbants: producing Jaundice: the bile so retained also becomes acrid & when suddenly discharged into the bowels, causes a very painful griping dysentery, and when carried upward into the stomach, in small quantities, it produces a morbid appetite, in larger quantities, creates nausea, vomiting, loss of appetite, and prostration. All of these conditions may be remedied by using the Ague Cure. But these complaints will

be treated under their proper head. For Ague and all periodical Chills and Fevers or Pains, take the Ague Cure and A. B. Pills as directed. Sometimes it may be necessary in the fever to give catnip tea freely, and a High-fever Powder No. 3 once in an hour until sweating takes place, then commence the ague medicine. And here let me say, never waste precious time in any Bilious complaint, in trying to regulate the Liver before breaking the fever. Take the Ague Tonic and stop the fever at once: then the Liver will regulate itself. To repair the injury that may have been done to the system generally, after the fever is broken, the Tonic Bitters should be taken not only as a restorative, but as a preventive as well. In all cases of improper action of the Liver, Stomach, and Bowels the Bitters are an indispensable, taken 3 to 5 times a day for 1 or 2 days, will regulate and relieve from all unpleasant feelings and symptoms. Here let me say the Bitters are a powerful Stimulant as well as Tonic, and to habituate the system to any stimulant is very wrong: they should be taken as a medicine only, and discontinued when not actually needed.

The same may be said of every intoxicating drink. Shun them as a deadly unyielding Foe.

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## SCARLET FEVER.

The common name of this Fever, is Canker Rash : and is very dangerous among Children. It is usually known very readily by the intense burning heat of the skin which becomes covered with a fine scarlet red rash, and the throat becomes swollen and cankered, hence the name, Canker Rash. The greatest danger usually originates in the condition of the throat.

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### TREATMENT.

Give No. 2 Drops : commence with 3 drops in water, to a child 1 year old, and increase the dose 1 drop every 2 hours until the whole surface becomes of a scarlet color. When this appearance has been produced, then give 4 or 5 drops once in 3 or 4 hours, and keep up the redness for 24 hours, then stop giving the medicine and give a mild physic of a  $\frac{1}{2}$  teaspoonful of the A B Physic No. 2, mixed with a teaspoonful of No. 26, Ep. Salts, once in 3 hours until it operates sufficiently. If the throat is can

kered or swollen outside or in, use the Sore Throat, or Diphtheria Med. No. 27:  $\frac{1}{2}$  tea-spoonful every hour, and bathe the throat often with No. 24 Liniment, and keep a flannel cloth wet in the same, on the affected part.

To a child older, give accordingly, and use great caution for several days after the child is apparently well, to prevent taking cold, which invariably attacks the throat and often proves fatal.

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## ERYSIPELAS.

Erysipelas may be of two kinds: deep seated or cutaneous. The deep seated is highly inflammatory, swelling the parts affected, and if the inflammation is not arrested, matter forms, and the parts slough out, creating a very offensive sore, and very dangerous. The cutaneous, or Erysipelas that attacks the skin, simply inflames and spreads until it has traveled over the entire body unless stopped. This kind is not so dangerous, but is very distressing.

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## TREATMENT.

Either kind may be effectually cured by tak-

ing No. 29 : commence with 10 drops for an adult, and increase 2 drops every 2 hours until it produces an unpleasant feeling at the stomach, then diminish the dose a few drops and continue it until the fever, pain, swelling, or spreading, and inflammatory symptoms all subside, which in most cases will be in, from 24 to 48 hours. To the swollen and inflamed kind apply a cloth wet in a solution of sugar of lead, 1 oz. to a pint of cold water, and rewet it as often as it becomes warm. When the disease is stopped, to remove the swelling, give a teaspoonful of the A B Physic No. 2, and the same of No. 30 Cream of tartar : mix and repeat once in 2 hours until the bowels move freely. This will cleanse the system also.

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## CROUP.

This alarming complaint is so common, and so well known it needs no description. No one can mistake that peculiar kind of cough and difficulty of breathing ; that fearful expression of anxiety and distress ; all too plainly demonstrating that the dreaded monster death has stolen into the fold.

## TREATMENT.

Wet a towel in cold water and apply to the throat and breast, change often and at the same time give a  $\frac{1}{2}$  teaspoonful of No. 15 cough Balsam, every 5 or 10 minutes until relieved

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## DIPHTHERIA.

This terrible scourge may be generally known by the yellowish gray spots, surrounded by a red inflamed surface, far back in the throat and tonsils: the neck becomes swollen, and swallowing very difficult and painful. In most cases that prove fatal, these symptoms are in an aggravated form, the inflammation extending all through the lining of the nose, producing a copious yellow nasal discharge.

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## TREATMENT.

Give a teaspoonful of No. 27 Diphtheria Med. every  $\frac{1}{2}$  hour or hour as the case requires and keep a flannel cloth on the throat, wet in No. 24 Liniment: and touch the sore places in the throat, once or twice a day, with No. 28

Carbolic Acid : apply it with a feather or hair brush. Keep the bowels quite loose with equal parts of No. 2 A. B. Physic, No. 30 Cream of tartar, and No. 26 Epsom Salts : give a teaspoonful once in 3 hours. The patient is always doing well, when the yellow spots disappear and the surface assumes a pale red appearance.

If this disease is in the neighborhood, you should examine your little ones' throats every day, whether they complain or not : and if the slightest wrong appearance is manifest, give the Diphtheria Med. No. 27 2 or 3 times a day.

Good nursing is always presupposed : as bathing the patient 2 or 3 times a day in soda water tepid, rubbing dry, foot baths, rooms ventilated, and cleanliness in clothing, bedding and food.

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## FITS.

Children are often attacked with Fits, originating from many causes. If from teething, take a sharp pointed pen-knife and cut down along the gum of the swollen teeth until you touch them. You need have no fears of doing mischief, as there are no veins, arteries, or nerves to cut, and the child likes it, it gives it

relief. Fits often originate from fever, or any source of nervous irritation.

**TREATMENT.** In any case give a tea-spoonful of No. 15 Cough Balsam every 5 or 10 minutes until vomiting is induced: and bathe all along the spine with No. 24 Lini-ment: relief will soon follow. Now investi-gate the cause. If from teething, scarify the gums and keep the bowels loose: if from fe-ver, give fever medicine and cure that: if from worms, give the tonic bitters to tone up and regulate the stomach and bowels.

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### TEETHING.

Cutting teeth is quite often attended with dangerous symptoms and results. When the proper age for Dentition arrives, which usu-ally commences at the 6th or 8th month and continues until the 20th or 30th month, and the child becomes fretful, secreting a profu-sion of saliva, look to its gums: if you find them badly swollen, scarify them as before mentioned in Fits: should the bowels be cos-tive keep them soluble with the Neutraliz-ing Cordial No. 5: should the bowels be too loose as is quite often the case, amounting

to a very prostrating diarrhoea which so exhausts the vitality of the blood and system that brain difficulties set in, and Death follows as a natural consequence : firstly, never try to stop this diarrhoea, but merely keep it in check. To stop it, would bring on a fever and result fatally. To keep it in check, you can resort to many things : as 5 or 10 drops after each passage, of No. 11 Paragoric : or 3 to 5 drops of No. 10 Laudanum : or 20 to 30 drops of No. 37 Dysentery Drops, &c. but the main object should be to keep up the child's strength which can be done by taking 2 ozs. of No. 5 Neutralizing Cordial, and add to it 40 drops No. 10 Laudanum, and a teaspoonful of No. 45 Quinine, and give a teaspoonful 2 or 3 times a day. This, with the Tonic Bitters occasionally, may be all that is needed.

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## WORMS.

It should be understood that worms are an absolute necessity in the human economy.

The purpose they serve is to eat up the mucus when it is secreted too abundantly by the lining membrane of the stomach and bowels.

This mucus becomes excessive when those organs becomes weak, and the more mucus

there is secreted the more worms will be bred to consume it: consequently to cure Worms is to cure the weak stomach: and to do that give a teaspoonful of the ague cure once a day for 3 or 4 days. If that is not all that is necessary, give the tonic bitters until well.

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### HYSTERIC FITS.

To give a catalogue of this kind of Fits would be a heavy task. There are as many varieties of them as there are different women; each one modifying them according to their own peculiar organization and temperament. However there are some Women some what similar in their make-up, consequently there is a similarity in their Fits. Some lie apparently dead: the respiratory organs just perceptibly performing their functions: every muscle rigid, and every limb inflexible. Some laugh without any apparent cause, or power to cease, then cry in the same way. Some writhe and shriek apparently in terrible agony, every vein of the face and neck turgid with blood, frothing at the mouth; others again exercise their mental faculties to a wonderful degree, and so to the end of the

list. It must be remembered that all those afflicted with Hysteria are also afflicted with with some derangement of the generative organs. These Fits are merely a symptom of this derangement: and to detail all the maladies in this respect the female is heir to, would transcend the limits of this little volume amazingly.

**TREATMENT.** To relieve those afflicted with Hysteria, put her feet into hot water and give a dose of the High Fever Powder every 10 minutes until relieved. To facilitate the cure apply a mustard plaster or a cloth wet in No. 24 Liniment across the abdomen. In order to cure these unpleasant spells, you must inquire into the cause: if

**PAINFUL PERIODS,** is

the cause, then the ligaments that hold the womb to its proper place are relaxed and the womb presses against one side or the other, so as to obstruct the menstrual flow: tonics and astringent injections, tepid sits baths, &c are indicated as mentioned in Leucorrhœa.

Take the Female Pills No. 46 one at bedtime, and use Injection Powder No. 47 a

teaspoonful to a  $\frac{1}{2}$  pint of tepid water : inject this once a day into the vagina. If from

### PROFUSE MONTHLIES

then the womb is in a weak relaxed condition. Great care should be taken at such a time not to exorcise much, also make a  $\frac{1}{2}$  tea-cupful of strong sage tea, dissolve in it one tablespoonful of powdered Alum and take a tea or tablespoonful every hour or two until checked sufficient. Between periods is the time to doctor : use the injection powder No. 47 once a day, and the Tonic Bitters 3 times a day until well. If hysteric fits occur in married ladies, every care should be taken by the husband to make life pleasant and happy. The wife should never be compelled—as is commonly the case—to bare burdens beyond her strength : such as constant child-bearing, and the never-ending cares, anxieties, sleepless nights and weary days incumbent upon rearing a family, to say nothing of the thousand and one other perplexities incidental to married life. If

### LEUCORRHOEA

or Whites, is the cause, this indicates a diseased condition of the vagina and womb

This complaint indicates a general weakness of all the generative organs: and requires general as well as local treatment. The Tonic Bitters should be taken 3 times a day and the bowels kept regular by taking an A. B. Pill at bedtime. For local treatment use No. 47 a teaspoonful in a pint of cool water once a day with the syringe. If the discharge is yellow, add 15 drops each time of No. 28.

Every care should be taken to ascertain the cause of this ailment which is so prolific of evil as regards health, morals, and domestic happiness. The countless little family bickerings and broils, find their origin here.

The husband should exercise every care and watchfulness that no unnecessary and unwelcome demand be required; but instead, learn and practice nature's laws as regards health: this will be both a preventive and cure. To the wife let me say, look well to your health in this respect. Remember it is a serious duty you owe to yourself as a wife: a duty you owe to your husband: and if a Mother, a solemn duty you owe to your offspring born and unborn. How many conjugal ties have been severed: how many harsh and angry words have passed between those that should say nothing save the pure breath

of love : how many might be happy homes are overshadowed with a cloud of gloom, because the "light of the light-house" is comparatively out. Now let me say in all kindness, as you value every thing that throws around our earth life a living charm, that you exercise the utmost vigilance in this respect. To the Maiden let me say, do you desire to possess an irresistible charm, a vivacity of mind, a brilliant eye, a rosy cheek, an elastic step ? nature's richest gifts ?

Dare you risk your future weal upon the fals foundation of cosmetics, and arts deceptive charms ? Would you present to the one you love a mind & body pure, faculties unimpaired, and every source of conjugal felicity full as nature designed ? then let me impress upon you in all candor, the absolute necessity of health in this respect. Do not let fals modesty blight your whole life, and bathe your cheeks in sorrows tears ; never rest until well. I cannot conclude this subject, whether censured much or little, without telling you, that so closely does it resemble some of the milder forms of the Venereal Disease that the most skillful Physician is unable to decide between them : and here let me leave you to your own reflections.

## PNEUMONIA:

The common name of this disease is Lung Fever, or Inflammation of the Lungs. This wonderful word "Pneumonia" has served most admirably as an impenetrable Fog in which, every poor worthless Doctor could effectually hide his ignorance and shield his reputation, ever since my remembrance.

I think I may safely say, by pursuing the course here laid down, you need no more fear this complaint than the ague. Pneumonia may be generally known by the following symptoms. Cough, Pain in the breast, fever, tongue red on the edges and tip, bloody or rusty expectoration, puls big and strong, difficulty of breathing &c.

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**TREATMENT.** Inflammation, requires quite different treatment from Fevers, because they are quite different in their natures.

A Fever affects the whole body: but Inflammation generally is of a local character, attacking some internal organ, or locating in some particular place, and indicated by pain, swelling, tenderness, redness, or some symptom which will direct your attention to the part or organ affected. Again, Inflammation

always produces a peculiar change in the blood, which Fevers do not. These changes are of that peculiar character that it obstructs the circulation in the part affected, which soon results in suppuration or mortification. The nature of a Fever admits and even requires stimulating treatment, while the excessive heat and condition of Inflamed parts naturally suggests and demands, applications and treatment of a cooling kind.

Inflammation of the lungs usually originates from taking a severe cold: and to cure

#### A COLD

use the Sweat Lamp as described on another page, and drink freely of hot herd tea &c.

A course of this kind will commonly prevent the Lungs from becoming inflamed.

If you find yourself attacked with this complaint, use the sweating lamp and follow it with a thorough physic No. 2 No. 30 and No. 26 equal parts a tablespoonful once in 2 hours, after this, commence your regular treatment by giving a powder of No. 38 & in an hour 30 drops of No. 39 and so on alternating every hour, at the same time give freely the cough tea No. 49, all the stomach will retain: also wet a cloth in equal

parts of No. 34 and No. 9 and apply it to the painful part. If it draws too hard, remove it for a few minutes : use the foot bath and bathe the whole body in tepid soda water once or twice a day, rubbing the surface dry &c. Continue this treatment night and day until the patient recovers. Never neglect to keep the bowels loose by giving a dose of the same physic every day. Let the patient have cold water, lemon acid or any cooling drink freely : keep the room ventilated and bed clean. In 14 years of my practice this treatment never failed to cure.

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### BILIOUS COLIC.

This distressing and dangerous complaint may be known by an intermitting pain, in the region of the navel. The recurrences at first are slight, but soon become intensely severe: each interval shorter and each pain more prostrating.

**TREATMENT.** Use the foot bath and Sweating Lamp, and give a Pill of No. 50 once an hour until the bowels move freely, and apply the same as recommended in inflammation of the lungs : relief will soon fol-

low. In this case and in almost all cases of severe pain, such as Neuralgia, Tooth ache, Ear ache Rheumatism and Stitches in the back and side, and especially for

### PAINFUL MONTHLIES,

drink hot sling freely, made of No 17 and use the

### SWEATING LAMP.

Fill the Lamp  $\frac{1}{2}$  full of Alcohol, No. 17, and set it on the floor under a wood bottom chair, seat the patient in the chair, place a blanket around the neck and shoulders, fitting closely, also all around on the floor so that no hot air can escape nor cold enter, then raise the blanket from behind and light the Lamp : let it burn until the patient perspires profusely. If all three wicks burning at once creates too much heat, extinguish one : let the patient drink freely of cold water, and if faintness is complained of bathe the temples and top of the head in cold water. Be careful and not continue the sweating too long, so as to produce prostration ; when sufficient, let the patient be removed to the bed in the same blanket, and properly covered remain until done sweating.

This sweat can be taken at any time of the day or night, without any danger of taking cold. Here also let me describe a

### FOOT BATH.

Fill your teakettle and let it come to a boil: next fill some convenient vessel  $\frac{1}{2}$  or  $\frac{2}{3}$  full of cold water, pour into it from the teakettle until as hot as can be borne, then add hot water from time to time while the patient drinks freely of No. 16 tea until he sweats freely.

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### DYSENTERY.

#### Or BLOODY FLUX.

This complaint is easily known by the bloody discharges and severe griping pains often times low down in the bowels.

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**TREATMENT.** Give a tablespoonful of No. 5 once in 2 hours until it operates thoroughly: after this give a  $\frac{1}{2}$  teaspoonful of No. 37 once in 2 hours, and apply a cloth wet in equal parts of No. 34 & No. 9 on the bowels. Continue this with bathing, foot baths and other proper nursing, which

is always understood in all cases, until better. If the pain is low down, make a thin starch and add a  $\frac{1}{2}$  teaspoonful of No. 10 to a  $\frac{1}{2}$  pint of it, and inject a part into the bow el often enough to give relief. For food use mutton broth, starch, sago, &c. For drink give a tea of marshmalow, or elm, gum arabic, or comfrey root.

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## DIARRHOEA.

This is known by frequent alvine evacuations without much pain : generally caused by an improper quantity or quality of food, or biliousness.

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**TREATMENT.** Firstly inquire into the cause : if from acid stomach, give a table-spoonful once in 3 hours of No. 5 until it physics. If this is not sufficient, give 30 or 40 drops of No. 37 after each passage : if from biliousnes give 3 A. B. Pills No. 1 every 3 hours until the stool becomes of a yellow color : if this not all that is necessary, take No, 37 as directed or 1 of No. 9 Pills, after each passage.

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## CHOLERA MORBUS.

This is a very dangerous kind of diarrhoea in which the whole system seems to be relaxed. The exhalant vessels, inside and out, pour out their liquid contents so profusely, by way of purging, vomiting, and sweating that great prostration and death follow very quickly.

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**TREATMENT.** Stimulants are the only hope. The morbid action of the exhalents can be best counteracted, and the exhausted heat and vitality restored by placing the patient over the sweating lamp, and give every 5 or 10 minutes a  $\frac{1}{2}$  teaspoonful of 22 and a tea of 16 made strong with 17: brandy is still better: for the cramps, bath in strong mustard and pepper water hot &c.

Pursue this course energetically until reaction is restored. The intolerable thirst for cold water must not be gratified: give hot teas only until out of danger.

## PILES.

This disease is so common to need any description. It is caused by too much blood accumulating in the large vein that surrounds the back passage, and when this vein bursts in places it makes pile tumors:

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**TREATMENT.** For Piles of any kind, apply No 18 night and morning, and keep the bowels regular with No 1 pills at bed time. Tobacco moistened and applied will often cure them in their first stages: introduce it as far up the passage as may be: the ointment the same.

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### NOSE BLEED.

Take dried Beef cut it in fine pieces and dry it on the stove until it can be pulverized as fine as snuff, if simply snuffing this does not stop it, plug the nostril up with it an inch or more, let it remain 5 or 6 hours then pick it out carefully.

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### RUPTURE.

A rupture or breech is where a portion of

the contents of the abdomen become forced through in some particu'ar part of the muscular wall that encloses it. There are three places where this commonly occurs: at the navel, in the groin, and the scrotum or seed bag in men, or in the labia, or one side of the private parts in women. As soon as you discover any thing of this kind, do not neglect it a single hour, but replace it by lying on your back and pressing the tumor with the ends of the fingers until it returns.

Sometimes however, this is not so easily done: in fact, cannot seem to succeed at all.

In a case of this kind, take a straight staled tobacco pipe, fill it with tobacco and light it, place a cloth over the bowl, introduce the end of the stale into the back passage and blow the smoke into the bowel until the breech returns: than obtain a truss.

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## RHEUMATISM.

There is not a joint, nor muscle in the entire body that is exempt from an attack of this complaint: and different localities give it different names. It is divided into chronic, and acute.

**TREATMENT.** All forms of acute Rheumatism, whether in the form of those sharp stitches in the back, breast, or side, or in any muscle of the limbs, or any of the joints, requires about the same treatment. Thirty years of careful observation has proven to me that biliary derangement is accountable for a very large proportion of rheumatic ailments: consequently the A. B. Pills 3 at bedtime, a dose of Ague Cure 3 times a day, the Sweating Lamp once a day, and No. 24 Liniment applied 2 or 3 times a day, will cure most cases in 2 or 3 days. Chronic rheumatism, having produced abnormal deposits and changes in the parts affected, is not so easily cured, The Rheumatic Tincture No. 51 and the Liniment, will accomplish much in many cases, and often cure.

## NEURALGIA.

This painful complaint is usually confined to the face, although not necessarily: sometimes it attacks the heart, stomach, womb and other parts. Neuralgia may be known wherever it may be located, by intense pain of an intermittant character, very much like

an ague. It is usuly confined to one side of of the face : sometimes to one eye brow.

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**TREATMENT.** The periodical character of the pain, calls for antiperiodics, consequently the Ague Cure as directed once an hour for 8 or 10 hours during the intermission, and repeated if necessary, will be all-sufficient. In short, treat it like an ague.

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## HEART BURN.

Or Sour Stomach, as it is commonly called, originates from a weak debilitated condition of the Stomach : the gastric follicles do not secrete a proper quantity of gastric fluid to digest the food, and it ferments, producing acid, and gaseous eructations.

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**TREATMENT.** Firstly, let us inquire into the cause of this unpleasant condition.

And here let me ask, are you a smoker, or a tobacco chewer ? Are you addicted to the use of intoxicating or stimulating drinks ? Have you contracted a morbid appetite for highly stimulating oily food ? Are you practising any debilitating habit ? If you are,

you must abandon them at once, before you can expect to get relief. No. 5 a tablespoonful 3 or 4 times a day, and the Tonic Bitters before each meal, will restore the impaired digestive organs, and health. The above remarks are applicable to that dreadful scourge

### DYSPEPSIA.

This too is the legitimate offspring of bad habits, acquired, or their effects transmitted.

In either case an entire abandonment of all habits, and a strict observance of Hygienic Laws, or nature's requirements for health, is absolutely necessary to accomplish a cure.

Our present civilization of tobacco, licentiousness, intemperance, gluttony, and indolence, is very prolific of dyspepsia and various diseases. To cure, and let the patient retain these health, happiness, and Life destroying habits constitutes the medical skill of failures, at the present day. If you prefer health and comfort, to a living death; throw away your bad habits: if not, keep them. Firstly then, after regenerating your self in the habit line, if your stomach difficulties do not disappear, select that kind of food the stomach will receive the most kindly, and if in its weakness it needs help, take

the tonic bitters a  $\frac{1}{2}$  hour after each meal, and to prevent acidity use No. 5, bathe 2 or 3 times a week in tepid salt and soda water rubbing the surface dry &c

---

## CATARRH.

This complaint is very prevalent in some stage. It consists in an inflamed condition of the lining membrane of the nose. The anatomy of the nose is quite complicated: its lining is deeply corrugated or wrinkled in many places, and the difficulty consists in getting medicine to all the diseased places.

Catarrh is one of the parents of Consumption: consequently every effort should be made to get rid of it in due time: and the best way to do that I know of, is to use No. 23 a pinch three times a day, and the nasal douche of salt water a  $\frac{1}{2}$  hour after.

Dr. Pierce's Fountain Nasal Injector, price 50 cts. can be obtained at any drug store, will be found very convenient. Always make your douche as strong as can be pleasantly borne. There are many things good besides salt and water: as a tea of Cubebs, Carbolie Acid 3 to 5 drops to a gill of water, also Tannic acid 5 grains to gill of water &c.

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## SCALDS & BURNS.

Apply immediately a cloth sufficiently large to cover the affected part, spread over with lard and flour mixed, and over that another cloth wet in Soda water. If any sores remain use the salve &c.

---

### Scalding of the Water.

This may come from several causes: the most common of which are firstly biliary derangement, when the blood becomes poisoned with bile, also from a fevered condition of the blood: the whites is another cause, venereal disease another, &c. In any case take No. 35 a teaspoonful once an hour until relieved. If the liver is in fault No. 1 No. 12 No. 45 taken as directed will regulate that: if from fever, go to your Family Doctor Dispensary, and select proper remedies to cure that, and so on through the list.

---

### INFLAMED EYES,

All acute cases of inflamed eyes may be successfully treated by taking equal parts of 2, 26, & 30 a teaspoonful of each, once in 2

hours until it operates thoroughly, and keep the bowels quite loose every day with the same, and apply every hour 33, also keep a poultice of alum curd to the inflamed eye or eyes until the inflammation is all out, then apply 4 until well.

---

### EAR-ACHE.

Drop into the ear a few drops of 42 and saturate cotton lin' with the same and plug the ear passage. It may be necessary to use the sweating lamp, and take a dose of 2. or 1 as suits best: this will depend upon the cause of the ear-ache.

---

### DEAFNESS.

May be often caused by the earwax becoming hard in the ear passage. A few drops of 43 in the ear in the morning and syringed out with warm castile soap suds in the evening, may be all sufficient.

---

### LIVER COMPLAINT.

This is caused by the same that produces agues and all malarial diseases. The Liver

becomes congested, and swollen : the bile is retained in the gall bladder, ( see page 4 ) producing not only a torpid liver, an alternating constipation and diarrhea, an almost constant sleepy lathargic sensation, a loss of appetite. or an excessive one, loss of energy and ambition, making existence present but few faded charms; but many other complaints very serious in their nature.

---

**TREATMENT.** The drowsey, lathargic, stupid feeling, and alternating diarrhœa, and constipation which attends this complaint, is easily removed by taking 3, of 25 pills at bedtime, and the tonic bitters before each meal. Bathe at least 3 times a week, in salt and soda water, and rub the skin to redness after bathing : abandon Tobacco in any form, also Coffee and fat pork.

---

### CORNS.

Take a sharp knife and shave the Corn down thin, then rub it with the sand paper until as thin as may be, and apply 24 : repeat as often as necessary.

---

## FELON.

A Felon usually makes its appearance on or near the joints of the fingers. You can easily tell one, by its throbbing and heat.

To cure one, commence immediately. After shaving the painful spot very thin, take a pointed stick, dip it into 28, press and rotate it directly where the pain is, until you have worked down to the matter: then apply a poultice of bread & milk: before applying the poultice, drop a few drops of 10 on to the sore, and when the felon is killed cure the sore with the salve.

---

## ITCH.

This comes between the fingers in the form of little blisters, which being rubbed, break and form a sore. A little worm is the cause of the whole mischief. To kill this little insect, is to cure the Itch: and to do that, rub the affected places with 44 three nights in succession, and then wash thoroughly with castile or any strong soap suds. Repeat if necessary.

---

## CANKER SORE MOUTH.

This consists in white sore spots on the inside of the lips, or edge of the tongue, and are very painful while eating. To cure them take the hair brush, wet the point of it in 28 and touch the sore places once a day until well. Deranged stomach is the cause. 5, a table spoonful 3 times a day for 2 or 3 days is all sufficient to regulate that.

#### INFANT SORE MOUTH.

Take a heaping teaspoonful of 48, make a  $\frac{1}{4}$  of a teacupful of tea of it, strain and sweeten nicely, and give a  $\frac{1}{4}$  of a teaspoonful of it 6 or 8 times a day: if this does not cure in 2 or 3 days, take a teaspoonful of the tea and drop in 3 drops of 28, mix and apply with the brush once or twice a day.

---

#### RING WORM.

Apply 8 night and morning for a few days and if this is not sufficient, touch it all around with 28 every 3d. day, and use 43 in place of 8.

---

#### BOILS.

To stop them when first coming, touch the boil with 28, once or twice a day, and cleans the system with No. 1 Pills 2 or 3 at bedtime.

**SUNBURNT SORE LIPS.**

Apply night and morning 33, and protect the lip through the day with the court plaster. No. 31 salve is also good.

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**CLAP.**

Take 35 a tablespoonful 3 to 5 times a day and take 3 to 5 at bedtime, or suffice it to operate once a day, of the A B Pills: continue this for 3 or 4 days, and if the scalding and discharge has not disappeared, inject night and morning a teaspoonful of 4 into the water passage and continue the other treatment until well. Avoid the use of fat meat and ardent spirits.

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**Incontinence of Urin.**

This often affects children, and sometimes grown people. This difficulty may be removed by taking a tablespoonful of 52 two or 3 times a day.

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**Retention of Urin.**

Give a teaspoonful of 35 every  $\frac{1}{2}$  hour or hour, and keep a cloth wet in 34 on the

## JAUNDICE.

The yellowness of the skin and eyes, and all the unpleasant symptoms attending liver complaint, are characteristics of Jaundice.

**TREATMENT.** Take an active Cathartic of the A B Pills, and continue to take 2 or 3 of them at bedtime until the skin becomes its natural color, and at the same time take the tonic bitters before each meal, and a dose of the ague cure once a day, together with proper bathing, diet, &c. will be all sufficient. Again I am compeled to say, if you have any habits of tobacco, dram drinking, coffee, or opium, they must be abandoned before you can even hope for health.

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## ASTHMA.

The great difficulty of breathing, in this complaint, is caused by a contraction of the air tubes, and to relieve this contraction, 15 is generally all that is necessary. Take sufficient to nauseate, perhaps a teaspoonful every  $\frac{1}{4}$  or  $\frac{1}{2}$  hour.

---

## CRACKED NIPPLES.

Apply to the nipple 33, and protect the nipple by using the nipple shield.

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### CONSTIPATION.

Take a Pill of No. 1 at bed time, or 5, a tablespoonful before each meal, or 43 as directed. For food, cracked wheat-mush, or vegetables, and fruit are preferable.

### Baldness and Gray Hair.

Use the Hair Tonic 53, once a day: this will restore gray hair to its original color.

### DANDRUFF

Can easily be removed by using this barbers  
CHAMPOO.

Borax 1 oz. Sal Soda 1 oz. Carb. Ammonia  $\frac{1}{2}$  oz. Water 1 quart. Wash and rub the scalp once a week, and use 7 after it.

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### WARTS & CORNS.

Apply the corn & wart plaster 54, every 3d night, on a cloth.

Shave the corn very thin, and shave the wart until it bleeds, then apply the salve.

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**DESCRIPTION of NOS.**

No. 1. A. B. Pills. These contain no Calomel, and may be given to any one, old or young. For an active cathartic, to an adult, give 4 every 3 hours : for a laxative, 1 or 2 at bedtime. They are good in constipation, biliousness, jaundice, liver complaint, agues, &c. &c.

No. 2. A. B. Physic. Dose a teaspoonful once in 2 hours, mixed in a little sweetened water. This is a pleasant physic, thorough but harmless. Combined with twice its own quantity of salts and cream of tartar, it is the best physic known, in inflammatory diseases, erysipelas, and dropsical complaints generally. Children love it.

No. 3. High Fever Powder. To enumerate all, that this powder will accomplish, would seem almost incredible. It has no superior as a fever powder, in all kinds of fevers, causing the patient to sweat profusely in a short time. It acts quick and prompt as an emetic, also in fits, croup, spasms, asthma, hysterics, and cough. In scanty painful monthlys it gives sure relief, as well as in sick headache &c. For fever, give dose sam

ple size, and in an hour 20 drops of 39, the next hour a powder, and so on alternately until the fever subsides. For Croup, Fits, Cramps, Spasms &c. put a teaspoonful of the powder into 2 table spoonful of warm water, and give a teaspoonful every 5 minutes until relieved: and for an emetic give it every 10 minutes with a plenty of warm water. For Cough, put a  $\frac{1}{2}$  teaspoonful of the powder into 2 ozs. of sweetened water and take often as the stomach will bear.

No. 4 Eye Water. Use this when the eyes are weak and watery. This is good as an injection in Gonorrhœa &c.

No. 5. Neutralizing Cordial. This simple preparation is beyond estimation in value in every family. For Sour Stomach, Nausea, and Vomiting, give a table spoonful every  $\frac{1}{4}$  or  $\frac{1}{2}$  hour: for Costiveness, 3 times a day, for Diarrhea, once in 2 hours until it operates. For Ague, and malarial fevers, to an oz. vial full of it, add a teaspoonful of Quinine, shake well and take a teaspoonful once an hour. Quinine prepared in this way, is far the best for children and weakly persons.

No. 6. Dysentery Pills. In all ordinary cases of Dysentery, or Diarrhea, one of these

Pills after each passage, will give prompt relief. In Painful Periods, 1 or 2 every hour, gives ease, and increases the flow.

No. 7. Hair Oil. This is a tonic preparation, invigorating the scalp, as well as rendering the hair soft and beautiful.

No. 8. Castor Oil. Dose a tablespoonful once in 2 hours until it physics.

No. 9. Turpentine. This is good for many complaints, but should be given with caution, as it enters the circulation very rapidly, and is very weakening. It is very valuable applied externally, alone or combined with other things. Equal parts of Turpentine and Camphor spt. mixed and applied on a cloth to any local pain, gives often times immediate relief.

No. 10. Laudanum. This is a powerful narcotic, or sleepy Poison. It should be used always with caution. To a child 1 year or under, drop 1 drop into 2 teaspoonsful of water and give a  $\frac{1}{2}$  teaspoonful at a dose every  $\frac{1}{2}$  hour or hour, as the case requires.

A dose for an adult, is from 10 to 40 drops according to the case. You should never give laudanum, nor opium in a case of bilious

colic, or to ease any pain of the bowels, if they are in a constipated condition. Laudanum, opium, paragoric, or morphine, are very binding: their nature is to destroy all functional action, consequently should be given only when the different organs are in an overactive condition, as dysentery, diarrhœa, &c.

No. 11. Paragoric. This is a mild preparation of opium, good in many cases as in any unnatural relaxed condition of the bowels &c.

As an anodyne to produce rest and quiet in infants and children, to quiet a tickling desire to cough, to allay nervous irritability and induce sleep &c. it stands at the head of the list. Dose for an infant 1 to 5 drops, for an adult,  $\frac{1}{4}$  to a teaspoonful once in an hour, until relieved.

No. 12. Ague Cure. As its name indicates it stands a supreme potentate over all malarial and periodical diseases: also weak debilitated stomachs, worms in children, neuralgia, jaundice, liver complaint, loss of appetite, rheumatism, sun pain or brow ague, &c. &c. In agues, remittent or intermittent fevers, give a tablespoonful every hour for 4 hours before the return, the same in neu-

ralgia, : in other cases give it 2 or 3 times a day. Always keep this on hand.

No. 13. Diaphoretic Powder. This means sweating powder. This is sometimes called Carbhorated Dover Powder, being similar in its composition, and effects. This is an excellent fever powder given once in 2 hours with warm herb tea : a powder at bedtime induces sleep : a powder once an hour in hop tea, will quiet after-pains, and check excessive flooding, in fine, in all cases where an easing, soothing, quieting, anodyne is required, this will fully meet your expectations. Dose from a  $\frac{1}{4}$  to a  $\frac{1}{2}$  teaspoonful, and children, according to their age.

No. 14. Peppermint Essence Excellent in wind colic, sickness of the stomach, &c.

No. 15. Cough Balsam. This compound truly merits its enviable reputation. For a Cough, Pain in the Breast, Asthma, Croup, Fits, and Spasms, give a teaspoonful as often as the case demands : for fever, once an hour until the patients sweats freely, for an emetic, once in 10 minutes with plenty of warm water. In medical terms, this Balsam is Expectorant, Antispasmodic, Emmena-

gogue, Emetic, Sudorific, Antifebrifuge, and Deobstruent. Study the meaning of these words, it will tell you when, and in what cases to use this valuable medicine.

No. 16. Composition. This is one of Old Dr. Sam. Thompson's favorite remedies.

It is very simple and harmless, in its nature but calculated to do much good in cases of bad colds, rheumatism, the cold stage of agues, &c. Take a heaping teaspoonful of the powder and make a  $\frac{1}{2}$  pint of tea, sweeten and add a little cream, and drink freely.

No. 17 Alcohol. This is used in the sweating Lamp, as directed on page 21 : good also, used in form of hot sling in case of sudden prostration, to stimulate.

No. 18. Pile Ointment. Apply it to the pile tumors night and morning, and insert it up the passage.

No. 19. Camphor Ice. This is a very popular remedy for chapped hands, and lips, sun burn, and abrasions of the skin.

No. 20. Court Plaster. For cuts, take narrow strips of this, 2 inches long, and after getting the wound as dry as may be, wet one end of a strip and stick it to one side of the

cut by rubbing it with your finger until dry, then carefully draw it up, and press the upper side down until the edges meet, then stick the other end of the strip in the same way: put on sufficient in the same way.

For small burns, cuts, and breaks of the skin use the court plaster.

No. 21. Fever Drops. As the name indicates, these drops a  $\frac{1}{2}$  teaspoonful once in an hour, for any kind of fever, are the best of any I have ever found. They lessen the circulation, promote perspiration, increase the action of the kidneys, allay nervous irritability, and induce quiet and rest.

No. 22. Cholera Mixture. This is a powerful diffusible stimulant, and well adapted to all cases of the cholera kind, Cholera Morbus, Colliquative Diarrhœa, or any morbidly relaxed condition of the bowels, attended with a sudden loss of heat and vitality.

Dose a  $\frac{1}{2}$  teaspoonful every  $\frac{1}{2}$  hour on sugar or in a plenty of hot Composition tea.

No. 23. Catarrh Remedy. This may be relied on as a radical cure for this distressing and prevalent disease, in any stage. Pour a pinch of this snuff into the palm of the hand

and snuff it up boath nostrils night and morning, and snuff salt water a  $\frac{1}{2}$  hour after: draw the salt water all through the nase passages into the mouth. For cold in the head, it gives immediate relief: also relieves neuralgia, toothache, earache &c.

No. 24. Nerve & Bone Liniment. To appreciate this, is to use it. For Sprains, Galls Bruises, Rheumatism, Neuralgia, Saddle or Collar Galls, Sweney, or in any case, on man or beast, where a Liniment is called for this will give entire satisfaction.

No. 25. Liver Pills. To correct constipation or for liver complaint, jaundice, enlargement of the spleen, piles, and irregularity of the bowels, give 1 to 3 at bedtime. Mercury in any form does not enter in to any compound contained in the Family Doctor.

No. 26. Epsom Salts. This is a harmless, cooling physic, good in most inflammatory complaints. Dose a tablespoonful, once in 2 hours, dissolved in water: add a little peppermint essence.

No. 27. Diphtheria Cure. For all kinds of Sore Throat; Quinsy, Putrid sore throat, or common sore throat, taken 2 or 3 times a

day, or every  $\frac{1}{2}$  hour as the urgency of the case requires, this will be found a sovereign remedy. It contains nothing that would harm the most delicate child.

No. 28. Carbolic Acid. To enumerate all that can be accomplished with this, would fill several pages. Always use it with caution, and to stop its effects, use water. This may be applied in its pure state with the camels hair brush, to Canker sores in the mouth, or on the tonsils, or in the throat, to proud flesh in sores, felons, boils, corns, warts, ringworms, &c. barely touch them until they turn white. A good gargle for sore throat or mouth is made by mixing 20 drops in a gill of water, and made stronger if necessary. Properly diluted, and applied to old sores, removes the fetor and promotes healthy action. 40 drops to a pint of water, and used as an injection in Leucorrhœa, where the discharge is green or yellow, indicating ulceration of the vagina or womb, it stands preeminent. A teaspoonful to a pint of water, kills lice on poultry or swine.

In medical parlance, it is Detergent, Antiseptic, Disinfectant, and parasiticidal.

Good also in Itch, mixed in sweet oil.

No. 29. Tincture of Iron. This is a Tonic. Good in Erysipelas, ( see page 7, ) also in loss of appetite, 10 drops 3 times a day, in water : in cankered sore mouth and throat touch the sore places with the brush, the same as carbolic acid : in painful monthlies take 12 to 15 drops 3 times a day : in poor blood, 12 drops 3 times a day &c.

No. 30. Cream of tartar. Mixed with Eps. Salts, makes a cooling physic : used as a drink in fevers, a teaspoonful to a tumblerful of cold water, is cooling and beneficial.

Cream of tartar  $\frac{1}{2}$  lb. Carb. Soda  $\frac{1}{4}$  lb. mix makes the famous Baking Powder.

No. 31. Salve. Good in piles, sores, chafes boiles, burns, and in all cases where salve is ever required.

No. 32. Tooth Powder. This purifies the breath, cleans, preserves, and beautifies the teeth, as well as heals the gums. Moisten your finger, apply it to the powder, and rub your teeth. Use no brush.

No. 33. Eye Balsam. For inflamed eyes, apply it 6 or 8 times a day freely. Good applied to chaped hands, lips, or any sore.

Good in infant sore mouth. Harmless.

No. 34. Camphor Spirits. The use of this is generally known. Mixed with Turpentine 1 part, Camphor spt. 2 parts and applied to any local pain, on a cloth, gives great relief.

Camphor is good to dry up milk, applied to the breast on brown paper.

No. 35. Diuretic Drops. For Scalding of the water, Stopage of the water, or for Clap. A teaspoonful 4 times a day, or once in 2 hours as is needed, will invariably do good.

No. 36. Tonic Bitters. These Bitters contain Iron: and for loss of appetite, weakness, poor impoverished blood, indigestion, biliousness, and the 1001 bad feelings incidental to a malarial locality, may be regarded as a sure friend, taken 3 to 5 times a day, a tablespoonful at a dose.

No. 37. Dysentery Drops. Give  $\frac{1}{4}$  teaspoonful after each passage; increasing the dose if necessary until relieved. They contain Laudanum, and must not be given so as to produce a too sleepy effect.

No. 38. Anti-inflammatory Powder.

This is good in many inflammatory diseases as pneumonia, ( see page 18, ) inflammation of the Liver, spleen, kidneys, womb.

or inflammatory fever. Give  $\frac{1}{2}$  teaspoonful every 2 hours, in water. This should be given alternating with the next No. 39, first one then the other, an hour apart.

#### No. 39. Anti-Inflammatory Drops.

Given in the same cases as No. 38, in  $\frac{1}{2}$  teaspoonful doses. These powders and drops have a peculiar effect upon the blood. Inflammation always produces morbid changes in the blood; and these counteract these changes, and act both as a curative, and restorative. First know that your case is an Inflammatory one, then commence your anti-inflammatory treatment, and pursue it night and day without changing, until the medicine has the desired effect, which may be known by the absence of fever, the skin covered with a moist cool sweat, a general appearance of relief from diseased action &c.

No. 41. Alterative Syrup. For cleansing the blood in all Old Chronic Diseases of the Lungs, Liver, Old Fever Sores, Scrofula, or any complaint where an alterative is required, this is the best I have found in 30 years practice. Dose a tablespoonful before each meal and at bedtime.

No. 42. Earache Drops. Fill the ear passage with this, and plug it with cotten lint. Repeat if necessary.

No. 43. Glycerine. For chaped hands, lips, face, and to keep the skin soft, this is the general favorite remedy.

No. 44. Itch Ointment. Good for Itch or any skin disease attended with itching.

Apply at bedtime and wash with soap in the morning until well.

No. 45. Quinine. This is the universal panacea for all malarial complaints. For any disease, fever, or pain, that comes on and goes off wholly, or in part at regular intervals, longer or shorter, Quinine is THE remedy. Quinine is a powerful stimulating tonic and should never be used only when needed, to prevent, or cure. One dose of a  $\frac{1}{2}$  teaspoonful or teaspoonful is sufficient to neutralize or destroy all, or most of miasmatic poison in the system, taken in time, as a preventive; and 4 or 5 such doses once in 2 or 3 hours is sufficient to cure, commonly.

No. 46. Female Pills. These are given in case of painful, suppressed, scanty, or irreg-

ular periods. Take 1 at bedtime, and continue until well. They should never be taken, if in a family way, as they would be almost sure to produce a miscarriage.

No. 47. Injection Powder. This is for leucorrhœa, or whites. Dissolve a teaspoonful in a  $\frac{1}{2}$  pint of water and inject it into the vagina, or front passage twice a day.

No. 48. Stomach Powder. This is a mild laxative tonic, antacid, regulating appetizer. Excellent in any derangement of the stomach, or bowels. In indigestion, acidity, diarrhœa, constipation &c. it has no superior.

Take a tablespoonful of the powder pour on a gill of boiling water, keep it hot, but not boil, for 10 minutes, strain and sweeten, give a tablespoonful as often as the case demands. Harmless for children.

No. 49. Cough Compound. This is excellent in any cough, but more especially in pneumonia, pleurisy, or to produce sweating in fevers. Take a heaping teaspoonful of the mixture, pour on a gill of boiling water. let stand until cool, strain and sweeten. Give in Croup, Fits, or Asthma, sufficient to sick en, for a vomit, the same: for cough or fever, what the stomach will bear, often.

No. 50. Biliary Colic Pills. These are intended for biliary colic only: but might be given in case of emergency, in obstinate constipation. Give one pill once an hour until the bowels move freely. A sure cure.

No. 51. Rheumatic Tincture. This tincture will relieve the the greatest variety of rheumatism of any I have found. Take a tablespoonful 3 times a day, use liniment too.

No. 52. For Incontinence Of Urin.

To a child 6 years old, give a teaspoonful 4 times a day, increase if necessary.

No. 53. Hair Vigor. This promotes the growth of the hair, stops the falling of the hair, and restores gray hair to its original color. Apply once a day, and use the Cham-poo, see page 38.

No. 54 Corn Plaster. Apply as directed on page 38.

No. 55 Sweet Spirits of Niter. This is used in fevers, gravel, and nearly all kidney, bladder, and Urinary complaints. Dose  $\frac{1}{2}$  to a teaspoonful once in 12 or 3 hours.

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## TARANTULA, OR SPIDER BITE

This is a common occurrence in this country, and very dangerous. Apply immediately No. 28. until, for  $\frac{3}{4}$  of an inch around the wound it turns white; then apply a cloth wet in camphor spt. and turpentine, and at the same time give freely of a strong hot sling of 17. or good whiskey. Use the sweating lamp, and give the high fever powders once an hour until sweating is thoroughly established: then keep the patient sweating with the hot sling and powders, until out of danger. This same treatment is just as good

### FOR SNAKE BITES

only be more thorough and persevering.

### IN BEE STINGS,

apply the Liniment No. 24 freely & often.

The treatment here laid down, may be implicitly relied on, having never failed in my many years of practice.

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 FORMULA OF NOS.
 

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## Anti Bilious Pills No. 1.

Podophlylin  $\frac{1}{4}$  gr. Leptandrin 1 gr. Gamboge 2 gr. Cayenne Pep.  $\frac{1}{2}$  gr. Castile Soap  $\frac{1}{2}$  gr. Cinchonidia 1 grain. Mix and pill.

Anti Bilious Physic Senna leaves Powd. 1 oz. Jallap  $\frac{1}{2}$  oz. Ginger 1 dr. Mix. No. 2

Ague Cure. Tonic Bitters, or Neutralizing Cordial two ozs. Cinchonidia or Quinine thirty grs. Mix and take as directed. No. 12.

Anti Inflammatory Powder. Salt Peter, five grs Ipecac  $\frac{1}{2}$  gr. Liquoric powd. three grains. Mix, and use as directed. No. 38.

Anti Inflammatory Drops. These are the same as the Fever Drops. Give as directed.

Alterative Syrup. 41 Fluid Extract of Stylingia Syl. 1 oz. Fl. Ex. Yellow Dock 1 oz. Fl. Ex. Blood root  $\frac{1}{2}$  oz. Fl. Ex. Blue Flag  $\frac{1}{2}$  oz. Iodide Pottassa 1 oz. Essence of Sassafrass  $\frac{1}{2}$  oz. Syrup or Molasses one Quart.

Bilious Colic Pills. No. 50. High Fever Powder 20 grs. Croton Oil 4 drops. Mix.

divide into four pills, and take as directed.

Cough Balsam. No. 15. Flu. Ext Lobelia 1 oz. Flu. Ext. Bloodroot 1 oz. Flu. Ex Spikenard 2 ozs. Flu. Ext. Yerva Santa 2 ozs. Comp. Syr. Squills 1 oz Chloroform  $\frac{1}{2}$  oz Morphine 15 grs Oil Tar  $\frac{1}{2}$  oz Syrup 1 quart. Mix and use as directed.

Composition. No 15 Hemlock Bark 2 ozs Bay-berry Bark 1 oz Ginger one oz Cinnamon fine  $\frac{1}{2}$  oz. Mix.

Camphor Ice. No 19. Spermaceti 1 oz White Wax 1 oz Glycerine 1 drachm Camphor 20 gr. Melt the first three, remove from the fire and add the camphor.

Catarrh Remedy. Marshall's Snuff 1 oz. white Castile Soap powdered 1 oz. Mix.

Camphor Tinct. No 34 Camphor Gum 2 ozs, Alcohol one pint. Mix.

Corn Plaster No 54. Standard Salve one oz. Corrosive Sublimate  $\frac{1}{4}$  oz. Mix.

Cough Compound No 49. Lobelia Seed and Bloodroot of each  $\frac{1}{2}$  oz, Liquorice root and Spikenard root of each 1 oz.

Cholera Mixt. No 22. Mix equal parts of

Laudanum, Tr Camphor, Tr Cayenne Pepper, Tr Rheubarb, and Tr of Peppermint.

Dysentery Pills No 6. Take equal parts of Rheubarb, Blood root, Castile Soap, and  $\frac{1}{2}$  part Opium. Make into 5 grain pills.

Diaphoretic Powder No 13 Opium 30 grs, Ipecac 60 grs. Gum Camphor 120 grs Cream of tartar one ounce. Mix.

Diphtheria Mixt. No 27. Good Vinegar 2 ozs. Chlorate Pottassa  $\frac{1}{4}$  oz. Table Salt  $\frac{1}{4}$  oz, tr cayenne Pepper one dr, Syrup one oz.

Diuretic Drops No 35. Sweet Spts Niter 2 ozs, Bal Fir  $\frac{1}{2}$  oz. Oil Cubeb  $\frac{1}{2}$  oz, Flu Ext Uva Ursi one half ounce. mix.

Dysentery Drops No 37. Tr Myrrh 3 ozs. Spt Lavender  $2\frac{1}{2}$  ozs, Tr Rheubarb two & a half ozs. Tr Opium one & a half ozs, and of Oil Annis, Oil Cinnamor, Gum Camphor, & Tartaric Acid each  $\frac{1}{2}$  ounce. mix.

Eye Lotion No 4. Alum 5 grs, Sugar of Lead 3 grs, White Vitriol one gr, Water one ounce, mix and apply as directed.

Eye Balsam No 33. Glycerine one oz, Tannin 5 grs, mix and let it dissolve.

Earache Drops No 42. Sweet Oil half oz.  
Laudanum  $\frac{1}{8}$  ounce, mix.

Fever Drops No 21. Sweet Spt of Niter  
one ounce, Veratrum Virida tr, & Aconite  
tr of each 20 drops, mix.

Female Pills No 46. Sul Iron two grs,  
Gum Turpentine one & a half grs, Aloes one  
& a half grs, Gum Myrrh one gr, mix.

High Fever Powder No 3. Equal parts  
of Lobelia seed, Blood root, Gum Myrrh &  
 $\frac{1}{2}$  part Camphor Gum, mix well.

Hair Oil No 7. Equal parts of castor oil  
& Alcohol : perfume as suits.

Haie Vigor No 53. Lac Sulphur two  
ounces, Sul Ether & Aqua Ammonia of  
each one ounce, Alcohol one pint, Water  
one quart, mix.

Itch Ointment No 44. Equal parts Lard  
Roll Brimstone & Gun Powder, melt them.

Injection Powder No 47. Alum half ounce  
Sugar of Lead & Sul Zink of each one fourth  
ounce Water two quarts.

Incontinence cure No 52. Benzoic Acid  
60 grs, Borax & Soda of each 30 grs, water

four ounces : shake it until it all dissolves.

Laudanum No 10 Opium one ounce, hot water one gill : work them in a mortar until well dissolved, then add twelve ounces of alcohol : pour into a bottle and cork.

Liniment No 24 Origanum Oil one ounce, Oil Spike one ounce, cayenne pep tinct. one ounce, chloroform half ounce, tinct. of camphor, & arnica each one ounce, oil sassafras  $\frac{1}{4}$  ounce, aqua ammonia half ounce, tannin 30 grains, mix and apply as directed.

Liver Pills No. 25. Podophyllin and Sanguinarin of each 30 grs. Ext. Dandelion 2 drs. with powd liquorice q.s. to make 60 pills. Add 10 drops Oil Peppermint.

Neutralizing Cordial No 5. Fl. Ext. of Rhubarb  $\frac{1}{2}$  oz. strong Soda water  $\frac{1}{2}$  oz. Ess Peppermint  $\frac{1}{2}$  oz. Syrup 1 oz. Mix.

Paregoric No. 11. Benzoic Acid 30 gr. Laudanum  $\frac{3}{4}$  oz. Oil Anis  $\frac{1}{2}$  oz. Camphor Gum 20 gr. Alcohol 8 oz. Water 6 oz. Mix.

Pile Ointment 18. Standard Salve 1 oz. Oxide Zinc 60 grs. Sugar Lead 30 grs. Per Chloride Iron 20 grs. Morphine 5 grs. Mix.

Rheumatic Tincture No 51 Tincture of Colchicum seed one ounce, Tinct Guaiacum one ounce, Tinct Black Cohosh 1 oz. Saltpetre  $\frac{1}{2}$  oz. Gun Powder 1 oz. Syrup 1 Pt.

Salve No 31. This is Patented and prepared by the patentee, but sold by me agent for the Pacific Coast.

Stomach Powder No 48. Rhubarb, Soda, Golden Seal, & Anise seed, aqual parts, Cardemon seeds  $\frac{1}{2}$  part.

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### Miscellaneous Receipts

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Ague Pills. Quinine 60 gr. Cayenne Pepper 30 gr. Gum Myrrh 30 gr., make into 30 pills. Dose one an hour for 8 hours before the chill, then 1 a day & 3 A B Pills at bed time. Repeat if necessary.

Black Ink. Bichromate Pottassa 20 gr. Ext. Logwood 1 oz. Water 1 quart, let stand

Condition Powder. Epsom Salts, Ginger, & Gentian, 1 oz. each. Saltpetre, Sulphur Rosin, Fenugreek seed, & Black Antimony, of each  $\frac{1}{2}$  oz. Ground Flax seed  $\frac{1}{2}$  lb.. Mix, Dose a heaping tablespoonful twice a day.





The general diffusion of knowledge, has brought the Science of medicine within the domestic circle of the most humble. The veil has been torn from the mysterious Temple of *Aesculapus*; all may enter, and fearlessly tread its once forbidden halls. The great Medicine Man, no longer wields his sepulchral influence over the great mass of mind; nor walks in Ghostly realms, in the fancy of the ignorant. No longer from the strange unknown depths of the Chemist's retorts, is distilled the Elixir of Life alone; it has been found as well, in the humble plant by the wayside; in the flower that is born to blush unseen in desert wild; in pure air; temperance; industry; cheerfulness and hygiene. Our loving Mother Earth how gladly has she opened wide the golden door into the store-house of her richest and rarest treasures, and among the brightest and best of all, is the Fountain of Health.

Would you drink at this fountain and rejoice? Would you lave in that limpid pool that sparkles amidst perpetual blooming flowers? Invest in the Family Doctor!