

CHOLERA (The)

The Cholera.

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*Proctor*  
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## THE CHOLERA.

The following article from the Missionary Herald was prepared by a missionary physician in Turkey, and is the result of experience, and the method of treatment may be confidently recommended.

### SYMPTOMS OF THE DISEASE.

“Cholera is a disease of the stomach and intestines, manifested by purging and vomiting, and running, sooner or later, into discharges like water with rice boiled in it. This is the essential nature of the disease, no matter where it appears. When it comes as an epidemic, commonly called ‘Asiatic cholera,’ there coexists, to a greater or less degree, what is called malignancy; manifested by coldness of the surface of the body, depressed pulse, purple, shrivelled appearance of extremities, and perhaps spasms. It is this quality that is the source of danger, and it may vary in intensity from the slightest to the most virulent degree, causing death in three hours, and before the purging and vomiting have had time of themselves to produce any effect.

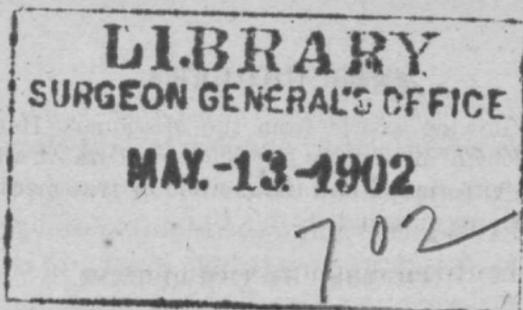
### TREATMENT.

“To meet these conditions, the following directions must be carefully followed:

“1. For the *stage of diarrhœa*. This may come on insidiously, painless, and hence not alarming, but should be met promptly. The remedy is ‘The Cholera Mixture,’ so called, consisting of equal parts of

Laudanum,  
Tincture of Rhubarb, and  
Spirits of Camphor.

“Begin with 30 drops, taken clear and unmixed, with a little sugar in the mouth afterwards. Repeat the dose *after every evacuation*, increasing it if the case becomes urgent to 60 drops, (a teaspoonful,) or 90 drops, if necessary. If the diarrhœa is not controlled by this means, an injection of from 30 to 90 drops of laudanum, in a table-spoonful of starch, will prove a valuable help. This may be often re-



## THE CHOLERA.

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THE pestilence of cholera is feared throughout the world; but the best physicians say that its fatal prevalence *can be prevented* by obeying God's LAWS, as taught in nature and in HIS WORD.

A council of distinguished physicians in this city has published the following *advice*:

### PRECAUTIONARY RULES AND DUTIES.

"1. Avoid all causes of excessive exhaustion; avoid intemperance in eating and drinking, live upon a nourishing diet, and keep the digestion in a healthful condition.

"2. Avoid and discourage panic and needless anxiety when the epidemic is announced, remembering that in its first stage cholera is generally curable, and that all the exciting causes of the malady can be avoided.

"3. If in business, or charged with any public or philanthropic duty, *do not forsake your post of*

*personal or official labor, except when suffering from premonitory symptoms of cholera or other sickness.*

"4. Aid and encourage the removal and prevention of the local and exciting causes of cholera throughout the district in which you reside.

"5. Give particular attention to the drainage, dryness, and cleanliness of your premises and the neighborhood.

"6. Inculcate habits of personal neatness.

"7. Avoid the employment of purging drugs, except when prescribed by your physician.

"8. Avoid and prevent effluvia from excrementitious matters, sewers, privies, or chamber vessels. Frequently and thoroughly disinfect these sources of poison.

"9. Insist upon the utmost cleanliness and purity of every portion of your apartments, furniture, and house.

"10. Thoroughly and frequently ventilate every apartment in the dwelling, even to the cellars, closets, and vaults. This should be aided by fires in open fireplaces, wherever available.

"11. Carefully protect the body against sudden changes of temperature. Wear flannel, and when exposed to changeable temperatures, or suffering any disorder of the bowels, wear a broad flannel band extending from the top of the hips up to the middle of the body.

"12. Be prudent in the use of food and drinks,

being particularly attentive to quality and digestibility.

“13. Bear in mind the fact that a painless diarrhoea is the most invariable precursor of cholera, and that if not immediately and properly treated, it will more probably terminate fatally than favorably.”

“RULES TO BE OBSERVED IN CASE OF  
ATTACK BY CHOLERA.

“1. *Soon as attacked by the premonitory diarrhoea or any symptoms of cholera, seek immediate rest in a recumbent posture, where warmth and pure air will be enjoyed. Immediately procure competent medical attendance.*

“2. *Let the matters discharged from the sick be disinfected in the vessel soon as voided, . . . . and let no person directly use the privy into which such materials are emptied while cholera is prevailing. . . . .*

“3. *Let all the vessels and clothing that are used by the patients be immediately cleansed with boiling water and soap. . . . .*

“4. *Preserve the utmost degree of personal cleanliness of the sick and their attendants.”*

Temperance, cleanliness, and a quiet mind are thus taught by physicians. God's word teaches the same lessons. *Experience has proved these lessons true.*

Trust in God and obey these rules of health,

and if the cholera is in the city, or even in your house and in your family, still calmly rely on God the SAVIOUR."

#### MEDICAL AID AND MEDICINES.

The Metropolitan Board of Health and its sanitary officers have prepared such plans as will enable every poor and needy family to have the advice and aid of good physicians at any hour of the day or night. As soon as there is any want of such aid, every family in the city will be informed where to find the *physicians*, the *medicines*, and the *help* then needed.

Remember that a sudden prostration of your natural strength, or a painless diarrhoea, are the first symptoms, and should lead you to send for your physician.

If cholera is in the city, *obey the advice and orders* of the Health authorities. If it comes to your dwelling, *send instantly for the physician*.

Let every person who reads this tract be kind to the poor and the needy, and aid them. Try to instruct and kindly guide every ignorant and vicious person. Everywhere encourage *peace, good-will, industry, cheerfulness, and temperance*.

#### HEALTH OF THE SOUL.

It is well known that the mind exerts a great influence over the body ; and when the body is

suffering under the attacks of disease, this influence is carefully watched and noted by the physician and nurse.

It will not then be thought unreasonable, or out of place, if we add a few words of friendly advice touching the higher interests of men.

#### BALM IN GILEAD.

We do well to care for the body, made and preserved by divine power, but liable to disease, and sure one day to be the prey of death. And shall we utterly neglect the soul, the breath of God in man invested with immortality, and capable of joys inconceivable?

Let us live daily unto God, and then we shall be prepared to die at any time.

#### GOD'S WORD.

Open your heart as you open your Bible, and say, "Speak, Lord ; for thy servant heareth." Resolve to believe implicitly whatever you find there, however much it may run counter to your prejudices. Resolve to receive heartily every statement of truth, whether you like it or not. Receive it, as it is in deed and in truth, the word of God. *Rayle.*

#### GOD'S DAY.

It is a great truth that the Sabbath was made for man, both for the health of his body and for

the good of his mind. Man himself was made for the divine service and glory, and this is the highest end of the Sabbath and of all things. The glory of Jehovah required a day on which man should be, more fully than on other days, engaged in serving him. The Sabbath is "the Sabbath of the Lord thy God;" it is "the Lord's day." It is designed for man's benefit subordinately; but it is not man's day, and therefore not a day for man's business. It is God's day, and therefore a day for God's work; and it is beneficial to man just in the measure in which it is applied to its chief object, the serving and honoring of its Author. *Gilfillan.*

Remember the Sabbath-day to keep it holy.

#### THE LORD'S PRAYER.

Our Father who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven: give us this day our daily bread; and forgive us our debts as we forgive our debtors; and lead us not into temptation, but deliver us from evil: for thine is the kingdom, and the power, and the glory, for ever. Amen.

#### THE WAY TO BE SAVED.

"God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."

"This is a faithful saying, and worthy of all acceptance, that Christ Jesus came into the world to save sinners."

"The blood of Jesus Christ cleanseth us from all sin."

"Look unto me and be ye saved, all the ends of the earth."

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COME AND WELCOME TO JESUS CHRIST.

Come, said Jesus' sacred voice,  
Come, and make my paths your choice ;  
I will guide you to your home ;  
Weary pilgrim, hither come.

Hither come, for here is found  
Balm for every bleeding wound ;  
Peace which ever shall endure,  
Rest eternal, sacred, sure.

## THE FOUNTAIN OF LIFE.

Come to Calvary's holy mountain,  
Sinners ruined by the fall ;  
Here a pure and healing fountain  
Flows to you—to me—to all,  
In a full, perpetual tide,  
Opened when the Saviour died.

Come in sorrow and contrition,  
Wounded, impotent, and blind ;  
Here the guilty, free remission—  
Here the troubled, peace may find.  
Health this fountain will restore ;  
He that drinks shall thirst no more.

He that drinks shall live for ever—  
'T is a soul-reviving flood ;  
God is faithful—God will never  
Break his covenant in blood—  
Signed when our Redeemer died,  
Sealed when he was glorified.

peated. If the diarrhœa ceases, do not entirely intermit the medicine, but give in gradually diminished doses, every one or two hours, for a period of twelve or even twenty-four hours.

“2. For the *vomiting stage*, the best remedy is,

Laudanum,  
Tincture of Capsicum,  
Tincture of Ginger, and  
Tincture of Cardamom seeds,

equal parts; to be given, from 40 to 60 drops, undiluted and followed by sugar, after every fit of vomiting; taking care to give it as soon as the fit ceases, when it will be more likely to be retained. An excellent adjuvant to this is a large mustard poultice to the abdomen.

“3. For the *stage of malignancy*, the only remedy is *stimulants*, especially brandy, which must be given with great freedom, from two to four teaspoonfuls every half or even quarter hour, till heat returns, and pulse and sensibility of extremities are restored. It is always to be given undiluted. Alcohol, or other spirits, will answer the purpose, if brandy is not to be had. It will be necessary to combine with this, artificial heat—bottles of hot water to the body and extremities—friction to the limbs, (which no one need fear to apply,) and mustard perhaps to the feet and hands, stomach and limbs. Remember that *boldness*, to the verge of rashness, is better than excess of caution, and that no danger is to be apprehended from any of these remedies so long as the symptoms for which they are given are uncontrolled.

“The use of cold water must be *strictly forbidden*, except merely to gargle the throat; a very small quantity swallowed will bring on the diarrhœa after it has been stopped for hours. A little water of gum arabic may be allowed, a teaspoonful at a time; or perhaps lumps of ice might be taken with safety.

“For the *typhoid fever*, which often follows an attack, chamomile or sage tea, and diaphoretic treatment, will be all that is needed, besides a moderate use of stimulants, for convalescence.”

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