October 19, 1989

Dear Dr Swan:

So now it is 35 years how quickly the time has passed. I know Dr Olivier has written about my by pass surgery. The last six months have been the worst I've ever known. I always said I would never have by pass surgery, but after 2 emergency angioplasties in 7 weeks I didn't have any choice. The pain before the angioplasty and after the surgery was really bad. The good news is I'm now feeling great. I tire easily and rest often, but no longer have any pain. In the past year I have lost 35 pounds and lowered my cholesterol from 286 to 150 triglycerides 960 to 190. I now eat right, exercise and with the surgery feel like a new person.

I talked with Dr. Richter monday and we are having lunch together today. He is doing fine and I look forward to seeing him. We

talk on phone several time a year but I haven't seen him in 2 or 3 years.

Hope you are well and able to do whatever interest you at this time in life

until next year.

Love,
Clarabell