



MULTIPHASIC SCREENING AND UNIPHASIC ANSWERS

By Donald W. Petit, M.D.

It has become dogma to decry single-test screening programs. All right-minded people agree that a major detection effort which did no more than measure blood pressure would be inefficient and wasteful. If we are going to screen people, let us do as many tests as possible in the time allotted.

This shot-gun approach to detection is often accompanied by a singularly precise rifle shot answer for therapy; thus, people who decry single-type detection will, at the same time, set up such single-purpose therapies as a smoking withdrawal clinic on one side of town, a diet alteration clinic somewhere else, a drug withdrawal clinic at some other point.

It seems that we are adept at pooling resources for treatment of acute disease, i.e., the hospital, but those processes that require a regimen of life for disease control or prevention are becoming increasingly fragmented.

The behavioral responses necessary to alter a life style in the hope of ameliorating a disease must have many things in common that would be best served by a one-stop service. The patient who smokes too much, eats too much, drinks too much, worries too much and exercises too little, should have multiphasic therapies as efficiently available as multiphasic screening.

This is a problem for all of us who give health care. The difficulties inherent in changing a person's life style are great and the capabilities for encouraging it should be kept together.

CCU

Graduating from the 5th community CCU training course last week at Studebaker Community Hospital in Norwalk were: Dorothy McClung, RN, Holly Berg, RN, Mary B. Anderson, LVN and Alfreda Bowden, RN, all of Studebaker Hospital; Diana Troop, RN and Betty J. Summers, LVN, both of La Mirada Community Hospital; Mary E. Davis, RN, Rio Hondo Memorial Hospital, and Mrs. Valasta Nemeč, RN, an office nurse. Physicians who assisted with lectures were: Robert G. Morton, MD, Guy M. Boiteau, MD, Robert T. Midde, MD, Vernon Rickard, MD and Wilburn Chew, MD. Demonstrations were given by Mr. Gordon Hains, Chief Lab Technician and Mr. Kenneth Weir, Inhalation Therapy Dept., both of Studebaker Hospital and by Mr. Allen I. Bonnifield, Bio-Medical Consultant, Medical Measurements Corp. A most helpful talk on "Coping With Death" was given by Rev. L. G. Stallcamp of St. John of God Church, Norwalk. Mrs. Joyce Carney, RN, In-Service Director at Studebaker, was responsible for coordinating the course with AREA V's VIVIEN E. WARR, RN.

MISS WARR has just returned from Seattle where she completed 4 weeks of a Course on Planning Inservice Education for Coronary Care Nurses, offered by the University of Washington School of Nursing in cooperation with the U of Washington School of Medicine, Division of Cardiology. Each trainee was responsible for taking a case on a predesignated subject for presentation to the others in the class, and during the next three weeks, is expected to initiate the planning of

CCU (continued)

an inservice program for CCU nurses in their own area. A member of the Faculty will visit each student during this interval to provide guidance in planning the program which will then be presented for evaluation in a workshop to be held from May 4-8. This is the 5th session of this federally funded course, which has been attended by approximately 60 students. The data gathered during the sessions is to be collected and sent to Washington for evaluation and eventual publication. Our AREA V representative and a trainee from Jackson, Mississippi have been the only RMP personnel to take the course.

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NEW APPOINTMENT

ROBERT E. RANDLE, MD, will join AREA V staff on May 1 as Assistant Coordinator, Community Hospital Affairs and Continuing Education. In this capacity, Dr. Randle will coordinate continuing education activities between RMP and the Postgraduate Division, USC School of Medicine and will be active in developing relationships between those two organizations and community hospital medical staffs, particularly in the area of heart, cancer, stroke, and allied diseases. Dr. Randle, who has a private practice in Internal Medicine in Pasadena, is well known for his interest in continuing education. He has been Assistant Medical Director at La Vina Hospital in Altadena since 1955 and was Director of Medical Education at Huntington Memorial Hospital, Pasadena, from 1962 to 1969. Dr. Randle has been a member of the Faculty of USC School of Medicine since 1956, with a current appointment of Assistant Clinical Professor.

AREA V REGIONAL MEDICAL PROGRAMS
CALENDAR
May 1970

Friday, May 1

AREA V	Committee Chairmen's Meeting	11:30 a.m. RMP Conference Room
COMP - LA	Executive Committee Meeting	12 noon Los Angeles

Wednesday, May 6

AREA V	Staff Meeting	9:30 a.m. RMP Conference Room
AREA V	Systems & Computers Meeting	6:30 p.m. RMP Conference Room

Thursday, May 7

COMP - LA	Health Manpower Meeting	12 noon Los Angeles
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Friday, May 8

AREA V	Seminar - Northeast Valley Project	9:30 a.m. to 1:00 p.m. RMP Conference Room
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AREA ADVISORY GROUP MEETINGS FOR 1970

May 12 & 19 July 14 September 8 November 10

COMMITTEE CHAIRMEN'S MEETINGS FOR MAY AND JUNE

May 1 May 15 June 5 June 19

STAFF MEETINGS SUBJECT TO CHANGES-- CHECK WITH OFFICE FOR LATEST INFORMATION

V minute news

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AREA V

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